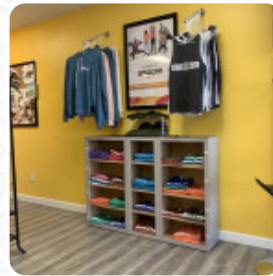
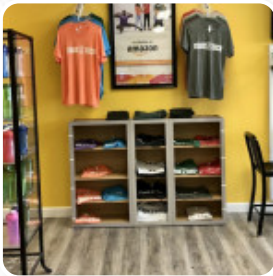




## Better Blend Menu

<https://menuweb.menu>

Better Blend Nutrition, 8181 Mall Rd, Florence, KY 41042, USA, United States  
+18597772565 - <https://www.betterblendnutrition.com/>



The **menu of Better Blend** from Florence includes **53** dishes. On average the *dishes or drinks* on [the menu](#) cost approximately \$9.0. You can view the categories on the menu below. Better Blend has quickly established itself as a favorite spot for nutritious smoothie enthusiasts. Known for using real, wholesome ingredients, their protein-packed smoothies—each boasting around 30g of protein—make for a delicious yet healthy indulgence. The charming ambiance and friendly staff enhance the experience, with standout offerings like the Cinnamon Roll and Blueberry Cake shakes. Guests rave about the vibrant atmosphere, ideal for enjoying organic acai bowls post-workout. While some hope for wider payment options and a more varied fruit selection, the overwhelmingly positive feedback highlights Better Blend as a must-visit for health-conscious foodies.

# Better Blend Menu



## Salads

THE ISLANDER \$9.0

## Desserts

BIRTHDAY CAKE

## Burger

LEAN N' GREEN

## Sandwiches

GREEN GODDESS

## Cocktails

PINA COLADA

## Bowls

DRAGON FRUIT BOWL \$9.0

## Shakes

SHAKE

## Milkshakes

MILK SHAKES

## Candies

REESE'S CUP

## Baked Goods

BANANA NUT MUFFIN

## Blended Coffee Drinks

JAVA CHIP

## Cereal

APPLE JACKS

## Eggs & Omelettes

SUNNY SIDE \$9.0

## Hot Coffees

WHITE CHOCOLATE MOCHA

## Original Pearls Lemonade

BLUEBERRY LEMONADE

## Chocolate Covered

CHERRY CORDIAL

## Recommended For Groups

SUPER BOWL \$9.0

## Sweet & Decadent

BROWNIE BATTER

## Uncategorized

BLUEBERRY CAKE DONUT

## Smoothies

SMOOTHIE

BLUEBERRY BANANA

## Breakfast

GRANOLA

OATMEAL RAISIN

# Better Blend Menu



## Drinks

SMOOTHIES

STRAWBERRY LEMONADE

## Biscuits

OATMEAL RAISIN COOKIE

DOUBLE CHOCOLATE CHIP

## Basic Blends

STRAWBERRY BANAPPLE

TROPICAL VIBE

## Not So Secret Blends

PB&J STRAWBERRY

THE 'OG ' BLEND

## Popular Items

\*NEW\* MINT CHOCOLATE CHIP

CHOCOLATE COVERED STRAWBERRY

PINEAPPLE DOLE WHIP

## Blends

\*NEW\* ORANGE CREAMSICLE

LEMON-UP

TURTLE CRUNCH

BANANA CARAMEL CHEESECAKE

## Ingredients Used



OATMEAL

BANANA

CHOCOLATE

BUTTER

PEANUT BUTTER

FRUIT

## Dessert



BANANA SPLIT

CINNAMON ROLL

COOKIE

MUFFINS

PEANUT BUTTER PIE

STRAWBERRY SHORTCAKE

BLUEBERRY PIE

SALTED CARAMEL

# Better Blend

Better Blend Nutrition, 8181 Mall  
Rd, Florence, KY 41042, USA,  
United States

### Opening Hours:

Monday 08:00 -20:30  
Tuesday 08:00 -20:30  
Wednesday 08:00 -20:30  
Thursday 08:00 -20:30  
Friday 08:00 -20:30  
Saturday 09:30 -18:00  
Sunday 09:30 -18:00

Made with [Menu](#)

