



https://menuweb.menu 10918 W Colonial Dr, Ocoee, FL 34761-2979, United States +14076144569 - https://www.trunaturejuice.com/





discount: 20% off!
Use code "LUV" for all
mobile orders

Must show ID at check

out

Our update store hours will be: Monday- Sat 9 AM- 9 PM Sunday 9:30 AM- 9 PM

The **menu of Tru Nature Juice** from <u>Ocoee</u> includes **69** dishes. On average the *dishes or drinks on the menu* cost approximately \$10.0. You can view the categories on the menu below. Tru Nature, a gem in Orlando, offers an impressive array of açaí bowls and wellness-focused meals, celebrated for their fresh, high-quality ingredients. Customers rave about the vibrant flavors, with standout options like the Tru-Krieger protein bowl and the Caribbean bowl. While some recent experiences highlighted service inconsistencies and order mix-ups, many patrons appreciate the friendly atmosphere and excellent customer service. The affordability of their generous portions further enhances the dining experience, making it a must-visit for healthy food enthusiasts. Overall, Tru Nature successfully blends quality, taste, and value in its offerings.

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Salads BUDDHA BELLY BOWL	\$11.2	Súper Smoothies	\$11.2
Side Dishes BERRY BOWL	\$11.2	Healthy Drinks GINGER SHOT 2 OZ	
Drinks SMOOTHIES		Global Desi DELHI BELLY	\$11.1
Sandwiches GREEN GODDESS	\$11.1	Signature Bowls ORANGE DRAGON BOWL	\$8.5
Chicken PINEAPPLE CHICKEN		Juice Cleanse HANGOVER CURE	\$11.1
Dessert FRESH FRUIT SALAD		Mocktails & Smoothic	95 \$11.1
Smoothie Bowls	\$11.2	Martinis WATERMELON BURST	\$11.1
Soft Drinks JUICE		Acai Bowl ACAI GREEN BOWL	\$11.2
Toppings TOPPINGS		Oolong IRON BUDDHA	\$12.4
Jugos SUPER C	\$11.1	Other Breakfast Choic	Ces \$8.5
Beverages		Longevity (Smoothies Cold Pressed + Blend	

\$11.2 **BUDDHA-LICIOUS**

			THE REAL PROPERTY.
Salate und Bowls		MUMBAI EXPRESS	\$11.1
HAPPY BUDDHA BOWL	\$11.2	Popular Items	
Iced Bowl		PEANUT-BUTTER BOWL	\$11.2
WATERMELON BOWL	\$8.5	ACAI MANGO BOWL	\$8.5
Zumos y Batidos		Protein Bowls	
Naturales		TRU WARRIOR	\$12.4
MR. BEET	\$11.1	NUTTY BUDDHA	\$11.2
Vegan Bowl		Pitaya Bowls	
HIPPIE BOWLS	\$8.5	GUAVA-PITAYA	\$11.2
	,	PEANUTAYA	\$11.2
FRÜHSTÜCK – À LA		PITAYA-MANGO	\$11.2
CARTE		The Mini Develo	
BUDDHA'S DREAM		The Mini Bowls (Archived)	
Detox Shorts		ACAI MINI BOWL	\$8.5
TURMERIC HAVEN	\$11.1	MINI DRAGON BOWL	\$8.5
		BABY BUDDHA BOWL	\$8.5
New! Smoothie Bowls		Acci Davelo	
PB DELIGHT	\$11.1	Acai Bowls	
Obsessed / Vaguet		DARK CHOCOLATE BOWL	\$11.2
Chocolate / Yogurt		CARIBBEAN PASSION BOWL	\$11.2
Covered		ALMOND-BUTTER SPLIT BOWL	\$11.2
DARK CHOCOLATE ACAI	\$11.1	ACAI COCONUT	\$11.1
Cocktails		Shots	
PINK FLAMINGO	\$11.2	THE DETOX	\$11.1
THE KNOCKOUT	\$12.4	YOGI SHOT (2 OZ.	\$3.6
. •		DRAGONS BREATH (2 OZ.	\$3.6
Juices		THE GLOW (2 OZ.	\$3.6
BOMBAY SPICE	\$11.1	TURMERIC WELLNESS (2 OZ.	\$3.6



BEET IT (2 OZ.	\$3.6	Ingredients Used
Smoothies		NUTELLA
Sillootilles		PEANUT BUTTER
SMOOTHIE		FRUIT
TROPICAL BLISS	\$11.1	BUTTER
GREENOLOGY	\$11.1	CHOCOL ATE

GREENOLOGY \$11.1 CHOCOLATE
PITAYA COCONUT \$11.1 MANGO

WATERMELON SPIN \$11.1 KALE

PINA KOLADA \$11.1 COCONUT

PROTEIN MONSTER \$12.4

Tru Nature Juice

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Monday 07:00-21:00 Tuesday 07:00-21:00 Wednesday 07:00-21:00 Thursday 07:00-21:00 Friday 07:00-21:00

Opening Hours:

Saturday 07:00-21:00 Sunday 08:00-21:00

Made with Menu

