



# Urban Element Menu



## Desserts

CHOCOLATE CAKE

## Non Alcoholic Drinks

WATER

## Smoothies

TEMPTATION

## Entrées

HUMMUS PLATE

## Sushi Rolls

BLACK WIDOW \$13.8

## Sandwiches & Hot Paninis

HAMBURGER

## Burger

VEGGIE BURGER

## Toast

FRENCH TOAST \$12.6

## Breakfast

CORN BEEF HASH \$17.2

## Rindfleisch Burger

BLUE CHEESE

## Chicken

CHICKEN WINGS

## Sauces

RANCH

## Vegetarian Dishes

CARROT CAKE

## Specialties

PULLED PORK NACHOS \$18.4

## Quiche

3 CHEESE

## Dessert

BREAD PUDDING

## From The Grill

RIBS

## Tapas

HADDOCK FRITTERS

## Main Course

FRIED CLAMS

## Beer

HEINEKEN \$3.4

## Fries

HOME FRIES \$3.4

## Fresh Juices

CARROT JUICE

## Prosecco

90 CELLARS PROSECCO

## Lunch Specials

HUMMUS WRAP

## Chicken Wings

WINGS

## American Food

EGGS BENEDICT \$17.2

# Urban Element Menu



## Ribs

PRIME RIB

## Alkoholische Cocktails

COSMOPOLITAN

## Vodka

URBAN BLOODY MARY \$11.5

## Hot Drinks

COFFEE

## Wines

BEX RIESLING

## Small

SMOKED PORK SLIDERS

## Italian

CHICKEN MARSALA

## Coffee

CARAMEL HOT CHOCOLATE

## Soups And Salads

GREENHOUSE SALAD \$11.5

## Soup & Salads

SEASONAL DAILY SOUP \$5.7

## Entree

GRILLED STRIP STEAK

## Small Plates

FRIED CLAM STARTER

## Hot Dishes

EGGS ANY STYLE \$10.3

## Big Mouth Burgers®

SUNRISE BURGER \$17.2

## Red Wines

RUFFINO CHIANTI

## Draft Beer

BUD, BUD LIGHT, COORS LIGHT, MILLER LITE \$3.4

## Sea

PAN SEARED SCALLOPS \$6.9

## Specialty Drinks

CARAMEL IRISH COFFEE

## Brunch Sides

SMOKED BACON \$1.1

## Brunch Cocktails

URBAN MIMOSA \$11.5

## Wood Fired Pizza

SHE'S MY CHERRY PIE

## Breakfast Extras

ADD HAM, BACON OR SAUSAGE \$3.4

## Sharables

URBAN WINGS

## Other

JOSH LEGACY RED BLEND

## Non-Alcoholic Cocktails

GINGER MINT JULEP

## Big Bites

TEMPEH \$4.6

# Urban Element Menu



## Martini

BLOOD ORANGE COSMOPOLITAN

## Specialty Coffees

MEXICAN COFFEE

## Fried Chicken Wings

HONEY LIME WINGS \$13.8

## Dessert Cocktails

CHOCOLATE MINT MARTINI

## Sparkling / Rosé

PRATSCH ROSÉ

## Signature Sushi

HEARTS ON FIRE

## Somethin' Light

POT ROAST POUTINE \$16.1

## French

POUTINE

## Organic Coffee Drinks

ORGANIC COFFEE \$2.9

## Für den kleinen Hunger

HOUSE TOAST \$3.4

## Beer, Seltzer & Cider

DOWNEAST ORIGINAL CIDER \$6.9

## Shakes And Carvelanche®

HOCUS POCUS \$13.8

## Fall Cocktails

SPICED PEAR LEMONADE \$5.7

## Hand Tossed Flatbreads

RANCH CHICKEN FLATBREAD \$16.1

## Mexican-American Food

EMPANADAS

## Sides

SWEET POTATO

## Soda/Energy/Performance/Ice Tea/Water

RED BULL 12OZ \$3.4

## Beers On Tap 1

TUBULAR IPA \$5.7

## Appetizers & Flatbreads

CARNE FLATBREAD \$17.2

## Classic Creations

PEACHES & CREAM

## Surf & Turf Add-Ons

HADDOCK (FRIED OR BROILED)

## "Downtown" Deep Dish Pizza

URBAN MARGARITA

## Wine - Champagne (Must Be 21 To Purchase.)

CELLARS PROSECCO

## VORLÄUFER | STARTERS

URBAN CAESAR \$13.8

## Drink (Beverages)

LARGE JUICE \$3.4

# Urban Element Menu



## Local Fare

LOCAL BRUSSEL SPROUTS \$10.3

## Dynamite Bakes

MAINE SCALLOPS

## Crab Cracker Signatures

PAN SEARED CHICKEN MARSALA

## Flatbreads And Frittata

THREE CHEESE FLATBREAD \$11.5

## Red Wines By The Bottle (50% Off)

TOAD HOLLOW MERLOT

## Sassy And Spirit-Free Package

TIME AFTER TIME

## Monster Oddities

WITCH'S CAULDRON

## Eatin'

URBAN EGG SANDWICH \$9.2

## Famous Hot Subs

STEAK \$4.6

## Soups, Salads & Apps

OLIVIA'S GREENHOUSE SALAD \$11.5

## Warm Me Up Cocktails

HOT GIN TODDY

## Fish Dishes

FISH AND CHIPS

FISH & CHIPS

## Starters & Salads

POTATO CHIPS

FRENCH FRIES

## Spirits

MARTINI

PINOT GRIGIO

## Appetizers

CHILI TEQUILA MUSSELS \$20.7

CHIP OR FRY PLATTER \$6.9

## Red Wine

EXCELSIOR CABERNET SAUVIGNON

TAPICHE MALBEC

## Bubbles

POEMA-BRUT ROSÉ

90 CELLARS PROSECCO

## White

NOVELLUM CHARDONNAY

MATUA SAUVIGNON BLANC

## Seasonal Craft Cocktails

KATIE'S MULE

URBAN SANGRIA

## Uncategorized

URBAN CAESAR SALAD

DOGFISH HEAD IPA \$11.5

## Soups

FISH SOUP

SEASONAL DAILY SOUP CREATION

MID COAST CLAM CHOWDER

## Specials


WARM SHRIMP THALE TOAST

# Urban Element Menu



|                               |       |
|-------------------------------|-------|
| MAINE BLUEBERRY BREAD PUDDING | \$5.7 |
| JAMAICAN WIND MARTINI         |       |

## Side Dishes

|  |                   |       |
|--|-------------------|-------|
|  | CLAM CHOWDER      |       |
|  | ENGLISH MUFFIN    | \$4.6 |
|  | GLUTEN FREE TOAST | \$4.6 |

## Drinks

|                      |       |
|----------------------|-------|
| BEER                 |       |
| SAN PELLEGRINO 500ML | \$4.6 |
| HOUSE BREWED ICE TEA |       |

## Starters

|                              |
|------------------------------|
| NORTH SPORE MUSHROOM RISOTTO |
| LOCAL FLANK STEAK            |
| CRISPY BRUSSEL SPROUTS       |

## Cocktails

|                 |        |
|-----------------|--------|
| ROSEMARY'S BABY | \$13.8 |
| LAST REQUEST    |        |
| BLEEDING LOVE   |        |

## Beverages

|                        |       |
|------------------------|-------|
| SMALL JUICE            | \$2.3 |
| HOUSE BREWED ICED TEA  | \$4.0 |
| CHAI TEA (HOT OR ICED) |       |

## Bread

|                           |        |
|---------------------------|--------|
| 3 CHEESE FLATBREAD        | \$11.5 |
| ALFREDO CHICKEN FLATBREAD | \$13.8 |
| SPINACH PESTO FLATBREAD   |        |

## Brunch Favorites

|                           |        |
|---------------------------|--------|
| PESTO SKILLET OMELETTE    | \$13.8 |
| CARNE SKILLET OMELETTE    | \$16.1 |
| 3 CHEESE SKILLET OMELETTE | \$12.6 |

## Restaurant Category

|            |
|------------|
| DESSERT    |
| VEGAN      |
| VEGETARIAN |

## Alcoholic Drinks

|                          |
|--------------------------|
| SAUVIGNON BLANC          |
| GRÜNER VELTLINER         |
| RIESLING                 |
| MEZZACORONA PINOT GRIGIO |

## Other Drinks

|  |       |
|--|-------|
| OLD SOAKER MAINE ROOT BEER               | \$4.0 |
| OLD SOAKER MAINE BLUEBERRY SODA          | \$4.0 |
| SEACOAST SUSTAINABLE COFFEE HOT OR ICED  | \$3.4 |
| COCA-COLA PRODUCTS, SWEET TEA & LEMONADE | \$2.9 |

## Sandwiches & Flatbreads

|                         |        |
|-------------------------|--------|
| MAINE HADDOCK SANDWICH  | \$16.1 |
| ELEMENT BURGER          | \$16.1 |
| URBAN CHICKEN SANDWICH  | \$16.1 |
| BLUE MANGO BAYOU BURGER | \$10.3 |

## Halloween Cocktails

|                          |        |
|--------------------------|--------|
| WHITE PUMPKIN MARTINI    | \$13.8 |
| VAMPIRE BLOOD IN SYRINGE | \$2.3  |
| POISON APPLE MIMOSA      | \$2.3  |
| FRANKENSTEIN'S PUNCH     | \$13.8 |

## Witch's Brews (Bottles & Cans)

|                             |       |
|-----------------------------|-------|
| WITCH'S TIT PUMPKIN ALE     | \$9.2 |
| CHARMS & HEXES FRUITED SOUR | \$9.2 |
| ZOMBIE DUST IPA             | \$9.2 |
| SEA SMOKE PORTER            | \$9.2 |

## Salads

|              |
|--------------|
| QUINOA SALAD |
|--------------|



# Urban Element Menu



|             |        |
|-------------|--------|
| SIDE SALAD  |        |
| COBB SALAD  |        |
| MELON SALAD | \$16.1 |
| FALL SALAD  |        |

## Sandwiches

|                            |        |
|----------------------------|--------|
| CHICKEN SANDWICH           |        |
| CORN BEEF REUBEN           | \$16.1 |
| STEAK SANDWICH             | \$16.1 |
| BAYOU VEGGIE BURGER        |        |
| FALL ROAST TURKEY SANDWICH |        |

## Wine

|                                   |  |
|-----------------------------------|--|
| MARSALA                           |  |
| CHARDONNAY                        |  |
| LIBERTY SCHOOL CABERNET SAUVIGNON |  |
| MARK WEST PINOT NOIR              |  |
| PRATSCH GRUNER VELTLINER          |  |

## Less Spooky Brews & More


|   |       |
|---|-------|
| SEASONAL IPA FLIGHT DECK                            |       |
| HAZE TRIP IPA                                       | \$9.2 |
| KROSSWIND KOLSCH                                    | \$5.7 |
| HACIENDA LIME LIME LAGER                            | \$5.7 |
| BIGELOW BROWN                                       | \$5.7 |
| HIGGINS IRISH RED RED ALE                           | \$9.2 |
| IXNAY GLUTEN FREE PALE ALE                          | \$6.9 |
| FREEDOM'S EDGE CIDER                                | \$6.9 |
| BLUEBERRY-OR-MANGO SELTZER                          | \$9.2 |
| ATHLETIC BREWING IPA OR GOLDEN ALE<br>NON-ALCOHOLIC | \$6.9 |

## These Types Of Dishes Are Being Served

|  |        |
|--|--------|
|  | BURGER |
|  | SALAD  |
|  | MEAT   |
|  | FISH   |

|           |
|-----------|
| DESSERTS  |
| SOUP      |
| APPETIZER |
| COBB      |
| MUSSELS   |
| ICE CREAM |
| CHICKEN   |
| PANINI    |
| TOSTADAS  |
| PIZZA     |
| BREAD     |

## Ingredients Used

|   |                 |
|---|-----------------|
|  | SEAFOOD         |
|   | VEGETABLES      |
|   | GINGER          |
|   | QUINOA          |
|   | BRUSSEL SPROUTS |
|   | SYRUP           |
|   | CHEESE          |
|   | COCONUT         |
|   | HONEY           |
|   | CREAM CHEESE    |
|   | POTATOES        |
|   | TOMATOES        |
|   | LETTUCE         |
|   | HADDOCK         |
|   | BEEF            |
|   | SCALLOPS        |
|   | CHOCOLATE       |
|   | SALMON          |
|   | PORK MEAT       |
|   | MUSHROOMS       |
|   | BACON           |
|   | SAUSAGE         |
|   | HAM             |
|   | PESTO           |
|   | \$6.9           |
|   | \$6.9           |
|   | \$5.7           |

# Urban Element Menu



## Urban Element

235 Lewiston Rd, Topsham, ME,  
04086, United States

**Opening Hours:**  
Tuesday 11:30-21:00  
Wednesday 11:30-21:00  
Thursday 11:30-21:00  
Friday 11:30-22:00  
Saturday 11:30-22:00  
Sunday 09:00-14:00

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