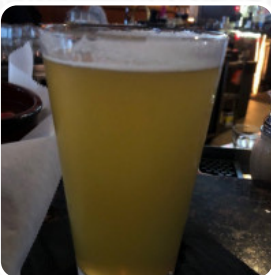




La Vita Mia Menu

<https://menuweb.menu>

38 Hamilton St, Saugus, USA, United States
+17812337227 - <http://www.lavitamia.com/>



A comprehensive [menu](#) of La Vita Mia from [Saugus](#) featuring all 81 dishes and drinks can be found here on the menu. La Vita Mia, a cherished Italian restaurant, has frequently earned praise for its inviting atmosphere and delectable dishes. Many patrons fondly reminisce about exceptional meals and warm service. However, recent visits have revealed a dip in quality, with some disappointed by average food and overpriced dishes. While generous portions are noted, flavor and freshness have sometimes fallen short. Despite these challenges, loyal customers express hope for improvements after the pandemic. For those seeking classic Italian cuisine, La Vita Mia remains a choice worth considering, balancing nostalgia with a desire for culinary excellence.

La Vita Mia Menu



Entrées

GARLIC BREAD

Soups

SOUP OF THE DAY

Snacks

BRUSCHETTA

Rice

RISOTTO

Starters & Salads

ANTIPASTO

Chicken

GRILLED CHICKEN

Chicken Dishes

CHICKEN PARMIGIANA

Beef Dishes

BISTECCA TOSCANA

Tapas

EGGPLANT TAPAS

Main Course

MARSALA CHICKEN

Wine

MARSALA

Carne E Pesce

VITELLO RIPIENO

Cold Appetizers

COLD ANTIPASTO

Main Meals

VITELLO DI CASA

Baked

EGGPLANT PARMIGIANA

Mediterranean Specialties

CHICKEN AND EGGPLANT PARMIGIANA

Steak & Seafood

BAKED HADDOCK

Zuppa & Insalata

INSALATA DI SPINACIO

Braised

PORK SHANK

Parmigiana

EGGPLANT BRACIOLETTINI

Insalata

CAESAR SALAD

Carne E Pollame

VEAL MARSALA

La Vita Mia Menu



Soups & Starter Salads

BABY GREENS

Veal & Beef Dishes

VEAL PARMIGIANA

Restaurant Category

ITALIAN

Seafood

CALAMARI

FRIED CALAMARI

Seafood Dishes

FRUTTI DI MARE

FRIED CALAMARI

Veal

VEAL MARSALA

VEAL AND EGGPLANT PARMIGIANA

Maiale

SAUSAGE CON PATATE

PORK CHOP CON PATATE

Antipasti

PARMIGIANA DI BRACIOLETTINI

RABI DI CASA

ZUPPA DI CASA

Bistecca

BISTECCA ALLA BALSAMICO

BISTECCA DELLA CAMPANIA

BISTECCA DEL MARE

Vitello

VITELLO ALLA BALSAMICO

VITELLO ALLA DIAVOLO

VITELLO ALLA LIMONE

Salads

HOUSE SALAD

CAPRESE SALAD

GARDEN SALAD

BEET SALAD

Ingredients Used

PARMESAN

MOZZARELLA

SHRIMP

CHEESE

Pollo

POLLO DEL MIO FIGLIOCCIO

POLLO CON PATATE

POLLO ALLA SALTIMBOCA

POLLO DI MARIO

POLLO DELLA NONNA ANTOINETTA

Flat Bread Pizza

SPICY SHRIMP, CAPERS AND PROSCIUTTO

PROSCIUTTO, ROASTED PEPPERS AND CAPERS

FRIED CALAMARI, CHERRY PEPPERS AND MOZZARELLA

SAUSAGE AND GARLIC

La Vita Mia Menu



TOMATO, FRESH MOZZARELLA AND
BASIL

These Types Of Dishes Are Being Served



CHICKEN

PIZZA

SALAD

DESSERTS

PASTA

Pesce

CALAMARI CON LINGUINE

COZZE CON LINGUINE

VONGOLE CON LINGUINE

GAMBERI CON SUGO ROSA

GAMBERI CON LINGUINE

GAMBERI CON VODKA

Pasta



FARFALLE ALLA LISA

PASTA DI CASA

CARBONARA DI CASA

FUSILLI ALLA DIAVOLO

GAMBERI CON RABI

POLLO CON FUSILLI E BROCCOLI

GNOCCHI ALLA SPINACIO

FETTUCINI ALLA GORGONZOLA

FETTUCINI ALLA PRIMAVERA

La Vita Mia

38 Hamilton St, Saugus, USA,
United States

Opening Hours:

Tuesday 17:00-21:30

Wednesday 17:00-21:30

Thursday 17:00-21:30

Friday 17:00-21:30

Saturday 16:00-21:30

Made with [Menu](#)

