



https://menuweb.menu 2602 N Proctor St Tacoma, WA 98407-5250, United States +12535036498 - http://www.viva4life.com/









The **menu of Viva 4 Life, LLC** from Tacoma includes **91** dishes. On average the *dishes or drinks on the menu* cost approximately \$17.6. You can view the categories on the menu below. Viva is a vegan and gluten-free restaurant that offers a wide selection of delicious dishes. The atmosphere is welcoming, and the staff is friendly and helpful. Customers appreciate the peace of mind that comes with knowing they can safely eat at Viva without worrying about allergies or intolerances. The food is flavorful, with standout items such as the BBQ Cauliflower Wings, Caesar Salad, Lemon Loaf, and Peanut Butter Cheesecake receiving high praise. While some find the prices to be a bit high, the quality of the food and the variety of options make it worth a visit. The nachos and hummingbird cake are particularly recommended dishes. Overall, Viva is a great choice for anyone looking for high-quality vegan and gluten-free food in the area.



Main Courses

NACHOS

Nachos

THE GRICKLE

Thai

GREEN CURRY

\$28.3

MIGHTY MAC & CHEESE

Vegetarian

CAULIFLOWER

Chicken Wings

WINGS

Kids

Burger

TRUFFLE

American Food

MAC AND CHEESE

Side Dishes

GARLIC CHEESE BREAD

\$20.5

\$5.0

Chicken-Curry

KASHMIR CURRY

A La Carte

TWICE BAKED POTATO

Bread

GARLIC BREAD

Indian

CHICKEN CURRY

Fresh Juice

HIBISCUS JUICE

\$7.8

Soft Drinks

LEMONADE

\$7.8

MINI LOAF

Add Ons

\$10.3

Special Rolls

CUP CAKE

\$9.0

Coffee

ICED COFFEE

\$6.5

Fried Rice

PINEAPPLE FRIED RICE

Vegetable Dishes

SWEET & SOUR CAULIFLOWER

Wrap

THE ITALIAN WRAP

Snacks And Sides

COLESLAW



Dail	y F	eatı	ures

DAILY SANDWICH

Mac & Cheese

VIVA MAC'N'CHEESE

Wings & Tenders

CAULIFLOWER WINGS \$25.5

Burgers (Delivery)

MUSHROOM MELT \$30.8

Soup, Salad, & Sandwiches

CANADIAN LODGE SALAD

Coffee / Hot

GOLDEN MILK \$10.3

Gourmet Pizza'S

LOADED HAWAIIAN

Appetizing Snacks & Soups

NACHO MOUNTAIN

Starter Apps

VIVÁ NACHOS \$15.3

Uncategorized

PRIMO PESTO

Salads

CAESAR SALAD \$25.5

ITALIAN GARDEN

Non Alcoholic Drinks

KOMBUCHA \$7.8

ICED TEA \$5.0

Soups

LENTIL SOUP

SOUP OF THE DAY BOWL

Salad

TACO SALAD \$25.5

MANDARIN ORANGE SALAD

Toast

TOAST

FRENCH TOAST

Sandwiches

BLACK BEAN BURGER \$30.8

PB&J SANDWICH

Sauces

GRAVY

BBQ

Starters

THAI PEANUT STIR FRY \$28.3

\$30.8

RAW ENCHILADAS



Pasta

PASTA ALFREDO

FETTUCCINE ALFREDO

FETTUCCINE

Drinks



SUJA GREEN JUICE \$9.0
GOLDEN COFFEE \$10.3

VALHALLA COFFEE

Popular Items

MAC N CHEESE (HALF ORDER) \$15.3 MAC N CHEESE (FULL ORDER) \$23.0 253 PHILLY \$26.8

Entrées

NORTHWEST 'CRAB' DIP \$26.8

STUFFED MUSHROOMS

FRIED TOFU

CHEESY GARLIC BREAD

Dessert

CHEESECAKE \$11.5 COOKIE \$6.5

COOKIES CREAM CAKE \$12.8

PEANUT BUTTER BAR \$9.0

BROWNIE \$6.5

Pizza

BBQ JACK \$24.3

THE GRICKLE PIZZA \$34.5

THE LOADED HAWAIIAN

CHEESE PIZZA

HAWAIIAN PIZZA

COWABUNGA

Mexican Dishes

NACHOS SUPREME \$26.8

BURRITO

BREAKFAST BURRITO

ENCHILADA

TACOS

\$6.5

TACO

Restaurant Category

FRENCH

VEGAN

GLUTEN FREE

DESSERT

ITALIAN

VEGETARIAN

Ingredients Used



CHEESE
CHORIZO
PEPPERMINT

MUSHROOMS

GARLIC

BUTTER

PEANUT BUTTER

RASPBERRY

CHFDDAR

TOFU

\$39.8

CHOCOLATE



These Types Of Dishes Are Being Served



TUNA STEAK
SANDWICH
DESSERTS

PIZZA

APPETIZER

PANINI

TOSTADAS

BREAD

SALAD

SOUP

CHICKEN

Viva 4 Life, LLC

2602 N Proctor St Tacoma, WA 98407-5250, United States

Opening Hours:

Tuesday 11:00-20:00 Wednesday 11:00-20:00 Thursday 11:00-20:00 Friday 11:00-21:00 Saturday 10:00-21:00 Sunday 10:00-20:00 Monday 11:00-20:00



