



## Fod Poke Menu

<https://menuweb.menu>

402 York Rd, Towson I-21204-5123, United States  
+14438417085 - <https://fodpokebar.md.com/>



Bowl		
Chicken Bowl	\$8.25	\$10.25
Salmon Bowl	\$8.25	\$10.25
Shrimp Bowl	\$8.25	\$10.25
Vegetarian Bowl	\$8.25	\$10.25
Spam		
Spam Bowl	\$8.25	\$10.25
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The restaurant from [Towson](#) offers **94** different **dishes and drinks on [the menu](#)** for an average price of \$8.2. FOD Poke Bar offers a mixed dining experience. While some patrons praise the freshness and flavor of the poke bowls, highlighting the generous portions and top-notch onigiri, others have reported disappointing service and inconsistent dish quality. Complaints about rude staff behavior and unappetizing odors have marred the experience for some visitors. Nevertheless, many love the vibrant bowls, which are described as a delightful way to expand one's culinary palette. Despite the diverse opinions, the fresh ingredients and appealing flavors keep many customers returning, making it a noteworthy spot for poke enthusiasts in the area.

# Fod Poke Menu



## Salads

SALAD BOWL \$13.0

## Snacks

TAKOYAKI (6 PCS) \$7.5

## Side Dishes

RICE

## Sauces

MAYO

## Fish

SEA BASS

## Japanese Specialties

MISO SOUP \$4.0

## Toppings

TOPPINGS

## Platos

11. SALMÓN \$7.0

## Tea

GREEN TEA

## Poke Bowl

REGULAR POKE BOWL \$17.0

## Build Your Own Poke

LARGE POKE BOWL \$20.0

## Specialty Drinks

18. STRAWBERRY SMOOTHIE

## Sushi & Sashimi

3. AVOCADO

## Green Tea

14. MANGO GREEN TEA

## Sushi Or Sashimi

10. EEL \$7.0

## Fruit Teas

#16. HONEY LEMON GREEN TEA

## Kitchen Appetizer

7. SHRIMP TEMPURA \$7.0

## Starters & Side Dishes

CHICKEN GYOZA \$8.0

## Slush (Icy)

18. STRAWBERRY SLUSH

## Chefs Recommended

STEAMED STUFFED BUN \$14.0

## A La Carte (Nigiri)

1. KANI \$6.0

## Build You Own

BUILD YOUR OWN SALAD BOWL \$14.0

# Fod Poke Menu

## Sushi & Sashimi

12. TUNA \$7.0

## Sides (B)

(2) SPAM

## Raw Classics

KIMCHI DUMPLINGS \$8.0

## Tasty Milk Tea And Fruit Tea

4. THAI MILK TEA

## Appetizer

SHRIMP SHUMAI \$8.0

POKE BOWL

## Build Your Own Bowl

BUILD YOUR OWN REGULAR BOWL WITH 2 SCOOPS OF PROTEIN \$18.0

BUILD YOUR OWN LARGE BOWL WITH 3 SCOOPS OF PROTEIN \$21.0

## Seaweed Rice Balls (Onigiri) (Archived)

14) TERIYAKI CHICKEN ONIGRI \$6.5

6) AVOCADO KANI \$6.3

## These Types Of Dishes Are Being Served

FISH

SALAD

## Hot Drinks



MILK TEA

TEA

COFFEE

## Smoothie

19. PEACH SMOOTHIE

22. CAPPUCINO SMOOTHIE

21. MANGO SMOOTHIE

20. PASSION FRUIT SMOOTHIE

## Slush

22. CAPPUCINO SLUSH

21. MANGO SLUSH

20. PASSIONFRUIT SLUSH

19. PEACH SLUSH

## Classic

8. THREE NEON LAYERS \$8.0

7. MACTHA THAI WITH AMBER TAPIOCA \$8.0

10. ICED LYCHEE STRAWBERRY \$8.0

9. STRAWBERRY AND TART YOGURT JUICE \$8.0

## Milk Tea

6. SAKURA ROSE MILK TEA WITH PURPLE YAM PASTE

5. MATCHA GREEN TEA

3. TARO MILK TEA

2. JASMINE MILK TEA

1. FOD MILK TEA

# Fod Poke Menu



## Fruit Tea

- 11. PASSION FRUIT GREEN TEA
- 12. PASSION FRUIT BLACK TEA
- 13. STRAWBERRY GREEN TEA
- 15. FRESH LEMONADE
- 17. HONEY LEMON BLACK TEA

## Ingredients Used

- WHITE RICE
- HONEY
- MILK
- AHI TUNA
- SHRIMP
- TUNA

## Special

- |                                   |       |
|-----------------------------------|-------|
| 29. SNOW MOUNTAIN OF LOVE SPECIAL | \$8.0 |
| 28. FIRST LOVER SPECIAL           | \$8.0 |

- |                                    |       |
|------------------------------------|-------|
| 27. BOYFRIEND SPECIAL              | \$8.0 |
| 26. OREO MILK SPECIAL              | \$8.0 |
| 25. CAPPUCINO SPECIAL              | \$7.7 |
| 24. STRAWBERRY LEMONADE            | \$8.0 |
| 23. BROWN SUGAR DIRTY MILK SPECIAL | \$8.0 |

## Entrées

- |  |                              |       |
|--|------------------------------|-------|
|  | 3. AVACODA                   | \$6.0 |
|  | 4. SEAWEED SALAD             | \$6.0 |
|  | 5. TAMAGOYAKI                | \$6.0 |
|  | 6. AVACODA KANI              | \$7.0 |
|  | SEAFOOD GYOZA                | \$8.0 |
|  | 8. FOD CLASSIC               | \$7.0 |
|  | 9. FOD SIGNATURE             | \$7.0 |
|  | PORK GYOZA                   | \$8.0 |
|  | 13. TERIYAKI BEEF ONIGIRI    | \$7.0 |
|  | 14. TERIYAKI CHICKEN ONIGIRI | \$7.0 |
|  | TAKOYAKI                     | \$8.0 |

# Fod Poke

402 York Rd, Towson I-21204-5123, United States

**Opening Hours:**  
Monday 11:00 -21:00  
Tuesday 11:00 -21:00  
Wednesday 11:00 -21:00  
Thursday 11:00 -21:00  
Friday 11:00 -21:00  
Saturday 11:00 -21:00  
Sunday 12:00 -20:00

Made with [Menu](#)

