

the plot



The Plot Menu

<https://menuweb.menu>

1733 S Coast HwyCA 92054, Oceanside, United States
+14422668200 - <http://www.theplotrestaurant.com/>



The restaurant from Oceanside offers **96** different **dishes and drinks** on [the menu](https://menuweb.menu) for an average price of \$9.3. The Plot offers a unique dining experience for culinary enthusiasts, featuring plant-forward dishes created by creative chefs using locally sourced ingredients. Guests can enjoy a full-service dinner or brunch, as well as casual lunches on weekdays. Immerse yourself in the beautiful dining room or relax in our picturesque patio gardens surrounded by plants. The talented team at The Plot, led by Jessica and Davin Waite, are renowned in San Diego's culinary scene for their innovative and sustainable seafood and plant-based dishes, garnering praise from critics and foodies alike.

The Plot Menu



Non Alcoholic Drinks

ICED TEA \$3.5

Sushi Rolls

SUSHI

Vegetarian

CAULIFLOWER

Antipasti

APPETIZERS

Salad

CAESAR

Gnocchi

GNOCCHI

Seafood

CRAB CAKES \$14.0

Rice

RISOTTO

Side Orders

GREEN TEA SODA \$4.0

Appetizer

TEMPURA

Specialties

SHEPHERD'S PIE

Subs

VEGGIE \$12.0

Egg Dishes

OMELETTE

Coffee

ESPRESSO

Small Plates

MARROW \$15.0

Artisan Pizzas

HAWAIIAN \$12.0

House Roll

CHRONIC \$13.0

Sides

SWEET POTATO

Main Courses

DANISH POTATO GNOCCHI

ATHLETE'S LOAF

Starters & Salads

ANTIPASTO

FRENCH FRIES

Chicken

CHICKEN WAFFLES \$16.0

FRIED CHICKEN

The Plot Menu



Hot Drinks

HOT TEA	\$3.5
COFFEE	

Non-Alcoholic

FRESH HOUSE SODAS	\$3.5
SPARKLING VERO WATER	\$2.0

Sushi

THE PLOT	\$12.0
PHILAFORNIA*	\$12.0

Kombucha On Tap

LOCAL ROOTS (HARD), VISTA 6	\$7.0
LIVING TEA, OCEANSIDE	\$6.0

Entrées

CUP OF SOUP	\$5.0
CRAB CAKE	
TAKOYAKI	

Sauces



- GRAVY
- BBQ
- SALSA

Mexican Dishes

CHILAQUILES	
BURRITO	
BREAKFAST BURRITO	

Soup & Salad

KALE, QUINOA, SWEET POTATO	\$8.0
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KELP NOODLE	\$9.0
FARROW	\$9.0

Beer By The Can

DOPEUR IPA ROULEUR BREWING, CARLSBAD, NEW ENGLAND STYLE IPA 6.6	\$8.0
JUICE PRESS HAZY IPA BURGEON BREWING, CARLSBAD, AMERICAN IPA 6.8	\$8.0
SUNDAY SPIN, ROULEUR BREWING, CARLSBAD, HARD SELTZER 6	\$6.0

Dessert

SWEET POTATO PANNA COTTA	\$7.0
PINEAPPLE CHERRY UPSIDE CAKE	\$7.0
WAFFLE	
DARK CHOCOLATE TORTE	

Beer On Tap

KALI KUSH, BREAKWATER BREWING, OCEANSIDE, PALE ALE WITH SAGE 5.6	\$7.0
TEAVANA, BURGEON BREWING, CARLSBAD, WEST COAST IPA 7.2	\$7.5
PISTIL, BURGEON BREWING, CARLSBAD, GERMAN STYLE PILSNER 5.2	\$7.5
ENDO WEST COAST IPA ROULEUR BREWING, CARLSBAD, AMERICAN IPA 7.2	\$8.0

Restaurant Category

VEGAN
DESSERT
VEGETARIAN
GLUTEN FREE

The Plot Menu



These Types Of Dishes Are Being Served

CHICKEN

MEATLOAF

SPICY TUNA

DESSERTS

Side Dishes

TRUFFLE FRIES

HUSH PUPPIES

GRILLED CABBAGE

ROASTED CAULIFLOWER

PICKLED CUCUMBER

VEGETABLE SOUFFLÉ

Starters

TUNA CRUDO \$9.0

SAUTÉE SNAP PEAS \$9.0

CÄVIAR POTATO CAKES* \$12.0

MUSHROOM AGUACHILE \$12.0

POLENTA WITH CHORIZO \$15.0

MEATLESS LOAF \$17.0

FRESH HEART OF PALM STIRFRY* \$16.0

Red

FABLEIST PINOT NOIR, 2018 PASO ROBLES

FICTION RED BLEND, 2017 PASO ROBLES. ZINFANDEL, GRENACHE, CABERNET

THE OFFERING BLEND, 2017 PASO ROBLES. GRENACHE, SYRAH, MOURVEDRE

HALTER RANCH CABERNET SAUVIGNON, PASO ROBLES SYNTHESIS

GROUNDWORK SYRAH, 2017 SANTA BARBARA

ALBERTI MALBEC, 2018 ARGENTINA

SARACINA VALLEY MALBEC, 2016 SKID ROW MENDOCINO COUNTY

White/Rose´

MARIS ROSE DE NYMPHE EMU, SOUTH OF FRANCE

STEPHEN ROSS CHARDONNAY, EDNA VALLEY

MORRO VIEW 100% ALBARINO, EDNA VALLEY FIELD RECORDINGS

BARTER AND TRADE SAUVIGNON BLANC, 2018 WASHINGTON

MÂCON GUILLOT BROUX CHARDONNAY, 2017 FRANCE

FLOWER BOMB MALVASIA BIANCA, SAINT K PASO ROBLES

DRAGONETTE SAUVIGNON BLANC, 2018 SANTA BARBARA HAPPY CANYON

RENAUDIE BRUT SPARKLING, 2017 FRANCE

Ingredients Used



TOFU

SAUSAGE

POTATOES

BUTTER

TUNA

AVOCADO

BISCUIT

FRUIT

CORN

SYRUP

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1733 S Coast HwyCA 92054,
Oceanside, United States

Opening Hours:

Saturday 11:00-14:30 16:00-21:00

Sunday 11:00-14:30 16:00-20:30

Wednesday 16:00-20:30

Thursday 16:00-20:30

Friday 16:00-21:00

Made with [Menu](#)

