



## Tempo Food Drink Menu

<https://menuweb.menu>

1875 BARRINGTON STREET Halifax, NS B3J 3L6, United States  
+19024283676, +19024297410 - <https://www.thebarringtonhotel.ca/dining>



Here you will find the [menu](#) of **Tempo Food Drink** in Halifax. At the moment, there are **108** dishes and drinks on the list. TEMPO food + drink is a modern urban restaurant located on the busiest corner in Halifax. Our menu features fresh regional cuisine with a unique twist, available all day. Our convenient Grab + Go section offers made-from-scratch, all-natural products for a quick and tasty meal on the go. Enjoy a selection of great wines by the glass and expertly crafted cocktails in our sleek lounge, perfect for ending your day or starting your evening. Our restaurant and lounge can be rented together or separately for special events, with semi-private reception options also available.

# Tempo Food Drink Menu



## Non Alcoholic Drinks

WATER

## Pasta

PENNE

## Mains

BUTTERMILK FRIED CHICKEN BURGER

## Main Courses

LASAGNA

## Seafood

CALAMARI

## Drinks

BEER

## Rice

RISOTTO

## Fish

SEA BASS

## Indian

CHICKEN CURRY

## Fish & Seafood

BLACKENED SALMON

## Spirits

MARTINI

## Main Course

LOBSTER TAGLIATELLE

## Fries

HOME FRIES

## Dishes

STEAK N' EGGS

## Potatoes

HASH BROWNS

## Main

THE TRIPLE STACK CLUBHOUSE \$17.2

## Chicken Wings

WINGS

## Lunch Menu

TUNA POKE BOWL

## Thai Dishes

PAD THAI

## Beverages

FRUIT SMOOTHIE \$5.7

## Hot Drinks

COFFEE

## Egg Dishes

OMELETTE

# Tempo Food Drink Menu



## Coffee

CAPPUCCINO

## Add-Ons

ADD A MIMOSA OR CAESAR WITH ANY  
ENTREE

## Breakfast All Day

BREAKFAST SANDWICH COMBO \$11.5

## Open Sandwich

CROQUE MADAME

## Snacks And Sides

COLESLAW

## Dinners

FISH N' CHIPS

## Start

SOUP TODAY

## 1St Course

SMOKED SALMON EGGS BENEDICT

## Lobster

TEMPO LOBSTER ROLL

## Lunch Specialties

TOMATO AVOCADO TOAST

## Triangle Traditions

PAN FRIED HADDOCK

## Bud & Burger

HADDOCK BURGER

## Addition

HOT LOBSTER

## #Saz

TEMPO BURGER\*

## Brunch Items

LAYERED FRENCH TOAST

## French

POUTINE

## Omelettes And Scramblers

LOBSTER BRIE OMELETTE

## Sides

MAC N' CHEESE

## Soups

MUSHROOM SOUP

FISH SOUP

## Burger

BACON DOUBLE CHEESEBURGER \$18.4

VEGGIE BURGER

## Salad

CAESAR

GREEN SALAD

# Tempo Food Drink Menu



## Starters & Salads

POTATO CHIPS

FRENCH FRIES

## Chicken

CHICKEN WINGS

PINEAPPLE CHICKEN

## Sauces

CURRY SAUCE

MAYONNAISE

## Tacos

CHICKEN TACOS

FISH TACO

## American Food

EGGS BENEDICT

MAC AND CHEESE

## Fish Dishes

FISH AND CHIPS

FISH & CHIPS

HOUSE CHOWDER

## Starters

THAI STEAK NOODLE BOWL

LOBSTER RISOTTO

LENTIL CAKES

## Mexican Dishes

TACOS

FISH TACOS

TACO

## Later Fare

TEMPO THAI CHICKEN WRAP

TEMPO BURGER

24 HR BEEF BRISKET OPEN SANDWICH

## Dessert



PARFAIT

\$6.9

CHEESE CAKE

CHEESECAKE

STICKY TOFFEE PUDDING

## Restaurant Category

DESSERT

VEGAN

VEGETARIAN

GLUTEN FREE

## Side Dishes

MAC CHEESE

SEASONED FRIES

RICE

CORN ON THE COB

FRUIT COMPOTE

## Uncategorized

BACON CHICKEN PENNE

BAGEL WITH CREAM CHEESE &  
SMOKED SALMON

HOT TEMPO

APPLEWOOD SMOKED BACON N'  
EGGER SANDWICH

FAMOUS FISH TACOS

\$18.4

# Tempo Food Drink Menu



## Sandwiches

- REUBEN SANDWICH
- GRILLED CHEESE
- CLUB SANDWICH
- BREAKFAST SANDWICH
- LOBSTER CLUBHOUSE
- TRIPLE STACK CLUBHOUSE

## Breakfast

- |                       |        |
|-----------------------|--------|
| HOT TEMPO BREAKFAST   | \$19.5 |
| COLD TEMPO BREAKFAST  | \$16.1 |
| OVERNIGHT OATMEAL     | \$5.7  |
| TWO EGGS              |        |
| BUTTERMILK PANCAKES   |        |
| CLASSIC EGGS BENEDICT |        |

## Salads

- |              |              |        |
|--------------|--------------|--------|
|              | HOUSE GREENS | \$12.6 |
|              | KALE SALAD   | \$13.8 |
|              | SIDE SALAD   |        |
| CAESAR SALAD |              |        |
| COBB SALAD   |              |        |
| COLESLAW     |              |        |
| POTATO SALAD |              |        |
| HOUSE SALAD  |              |        |

## These Types Of Dishes Are Being Served

- |  |         |
|--|---------|
|  | LAMB    |
|  | FISH    |
|  | LOBSTER |
|  | CHICKEN |

- SALAD
- WRAP
- PANINI
- BURGER
- DESSERTS
- SOUP
- TOSTADAS
- TURKEY
- PASTA
- APPETIZER
- BREAD
- COBB
- NOODLES

## Ingredients Used

- |               |         |
|---------------|---------|
|               | SEAFOOD |
|               | CHEESE  |
|               | SALMON  |
| EGG           |         |
| BACON         |         |
| HADDOCK       |         |
| QUINOA        |         |
| FRUIT         |         |
| SCALLOPS      |         |
| BUTTER        |         |
| PEANUT BUTTER |         |
| MILK          |         |
| PEAS          |         |
| CORN          |         |
| MUSHROOMS     |         |
| PASSION FRUIT |         |
| BEEF          |         |
| KALE          |         |

# Tempo Food Drink Menu



SHRIMP

TOMATO

HALIBUT

OATMEAL

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## Tempo Food Drink

1875 BARRINGTON STREET  
Halifax, NS B3J 3L6, United  
States

### Opening Hours:

Monday 00:00-00:00  
Tuesday 00:00-00:00  
Wednesday 00:00-00:00  
Thursday 00:00-00:00  
Friday 00:00-00:00  
Saturday 00:00-00:00  
Sunday 00:00-00:00

Made with [Menu](#)

