



## Balsam Menu

<https://menuweb.menu>

1237 Metcalfe Montréal, QC H3B 2V5, E Montreal, United States

+15145079207 - <http://lebalsaminn.com/>



The **menu of Balsam** from E Montreal includes 108 courses. On average the **courses or drinks on [the menu](#)** cost approximately \$12.6. You can view the categories on the menu below. Balsam Restaurant offers a mix of reviews from its customers, ranging from very negative experiences to overwhelmingly positive ones. Some customers were disappointed with the poor quality of the food, small portion sizes, and high prices. They criticized the sub-par customer service and felt that the experience did not meet their expectations. On the other hand, many customers praised the delicious food, cozy ambiance, and excellent service at Balsam. They enjoyed the various menu options, especially the pasta dishes, which they found to be heavenly and worth the money. Despite some mixed feedback, Balsam seems to have a loyal customer base who appreciate the authentic Italian cuisine and professional bartenders at this hidden gem in Montreal.

# Balsam Menu



## Non Alcoholic Drinks

TONIC

## Soups

SOUP OF THE DAY \$5.0

## Vegetarian

NICOISE SALAD \$17.7

## Antipasti

BURRATA \$11.3

## Salad

GREEN SALAD \$5.0

## Side Dishes

RICE

## Appetizer

TARTARE

## Main Course

BEEF TARTARE \$17.7

## Zuppa

POLPETTES

## Toppings

TOPPINGS

## Soups And Salads

SALADE ROQUETTE \$6.4

## Vegetable Dishes

PROSCIUTTO \$8.5

## Entree

POULET FRIT

## Italian Specialties

ARANCINI

## Plats Principaux

OSSO BUCCO DE PORC \$17.0

## From The Counter

SOUP OF THE DAY \$5.0

## Small-Ish

BEEF TARTARE \$17.7

## COQUILLAGES & CRUSTACÉS

PINK SHRIMPS \$18.4

## A La Carte - 1Pc

PINK SHRIMP \$18.4

## Accompagnement

LÉGUMES MARINÉS \$7.8

## Pasta, Gnocchi, Risotto

GNOCCHI, DUCK CONFIT

# Balsam Menu



## Les Soirs

SHORT RIBS DE BOEUF FUMÉES  
MAISON Î-P-É

## Vin Maison Italien

VIN MAISON ITALIEN

## For Dinner

BEEF SHORT RIBS (PEI) SMOKED IN  
HOUSE

## Italian House Wine

ITALIAN HOUSE WINE

## Premier Course

ROQUETTE SALAD \$6.4

## À Côté | Sides

GREEN SALAD \$5.0

## Raw && Chilled Things

SALMON TARTARE \$17.7

## Salads

NIÇOISE SALAD \$17.7

CAESAR SALAD \$8.5

## Mains

CHORIZO CAKE \$13.4

BEEF TENDERLOIN 7OZ \$23.4

## Starters & Salads

ANTIPASTO \$17.7

## FRENCH FRIES

## Chicken

FRIED CHICKEN

OLIVES CHICKEN \$8.0

## Principale

CAKE CHORIZO \$13.4

FILET DE BOEUF 7OZ \$23.4

## Hot Drinks

COFFEE

TEA

## Coffee

CAPPUCCINO

ESPRESSO

## Dessert

CHEESE PLATTER \$12.0

VANILLA ICE CREAM

TIRAMISU

SALTED CARAMEL

## Aperitivo

FRITES ET PARMIGIANO \$5.0

FRIES PARMIGIANO \$5.0

FRIES AND PARMIGIANO \$5.0

PICKELED VEGETABLES \$7.8

## Restaurant Category

ITALIAN

FRENCH

# Balsam Menu



DESSERT  
GLUTEN FREE

## Pasta

TAGLIATELLE ALFREDO	\$16.3
PENNE À LA NORMA	\$16.3
CANNELLONI	\$16.3
CAVATELLI	\$16.3
PAPPARDELLE	

## Entrées

GARLIC BREAD	\$5.7
ROASTED MTL MUSHROOMS	\$10.6
PAN SEARED SQUID	\$9.9
SEARED CHORIZO CAKE	\$9.9
TOMATO CREAM SOUP	
STEAK TARTAR	

## Pasta & Farro

PAPPARDELLE SAUCE CHASSEUR	\$17.0
FARRO AUX CHAMPIGNIONS SAUVAGES	\$16.3
HUNTER SAUCE PAPPARDELLE	\$17.0
ALFREDO TAGLIATELLE	\$16.3
FARRO WITH WILD MUSHROOMS	\$16.3
FARRO AUX CHAMPIGNONS SAUVAGES	\$16.3

## Table D'hote

MARDI PÂTES COURTES
MERCREDI PRISE DU JOUR
JEUDI POULET
VENDREDI PÂTES LONGUES

TUESDAY SHORT PASTA  
WEDNESDAY CATCH OF THE DAY  
THURSDAY CHICKEN  
FRIDAY LONG PASTA

## These Types Of Dishes Are Being Served



SALAD  
SOUP  
ICE CREAM

DESSERTS  
PASTA  
CHICKEN  
ROASTED CHICKEN  
APPETIZER

## Starters



GARLIC BREAD	\$5.7
CAESAR SALAD	\$8.5
SALMON TARTARE	\$17.7
PORK OSSO BUCCO	\$17.0
CHAMPIGNONS DE MTL RÔTIS	\$10.6
ARANCINI (4)	\$7.8
GNOCCHI CANARD CONFIT	\$10.6
CALMAR POÊLÉ AUX AGRUMES	\$9.9
CAKE AU CHORIZO POÊLÉ	\$9.9

## Ingredients Used



OLIVES	\$5.0
TUNA	
CHORIZO	
CARROTS	
TOMATO	

# Balsam Menu



CARAMEL

CHEESE

BEEF

GINGER

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## Balsam

1237 Metcalfe Montréal, QC H3B  
2V5, E Montreal, United States

**Opening Hours:**  
Tuesday 00:-11:30  
Saturday 00:40-00:00

Made with [Menu](#)

