



True Food Kitchen Menu

<https://menuweb.menu>

Broadway Plaza | 120 Broadway Lane Level 1 Walnut Creek, CA 94596, United States
+19259527314 - <https://www.truefoodkitchen.com/locations/walnutcreek/>



A complete [menu](#) of True Food Kitchen from [Walnut Creek](#) featuring all **140** dishes and drinks can be found here on the menu. True Food Kitchen is a spacious and lively restaurant that offers great vegetarian options for those dining with meat-eaters. However, recent reviews have noted consistent portion shrinkage since 2019, leading to disappointment among customers. Despite this, the restaurant offers a variety of flavorful dishes, such as the edamame guacamole and charred cauliflower appetizers, as well as the mushroom pizza with vegan ricotta. The service has been described as professional and polite, enhancing the overall dining experience. While some patrons have experienced delays in service and issues with specific dishes, True Food Kitchen remains a popular choice for those seeking vegan-friendly options in a welcoming environment.

True Food Kitchen Menu



Alcoholic Drinks

VODKA

Soups

CHICKEN NOODLE SOUP

Fish Dishes

GRILLED FISH OR GRASS-FED STEAK
TACOS*

Salad

CHOPPED SALAD

Drinks

BEER

Appetizer

POKE BOWL

Fish

SEA BASS

From The Grill

RIBS

Indian

CHICKEN CURRY

Noodles

CHICKEN NOODLE

Soft Drinks

JUICE

Beer

BEER

Mexican Dishes

TACOS

Shots

MEDICINE MAN

Pizza Ø 28Cm

LASAGNA BOLOGNESE

Vegan Dishes

VEGAN BURGER

American Food

MAC AND CHEESE

Japanese Specialties

CHICKEN TERIYAKI

Hot Pies

WILD MUSHROOM

Beverages

JUICES

Bread

PITA

Alcoholic Beverages

AMARETTO

True Food Kitchen Menu



Shared Plates

EDAMAME DUMPLINGS

Non-Alcoholic Beverages

HONEY LEMONADE

Specialty Wraps

SMOKED TURKEY WRAP

Cocktail

MARGARITA

Condiments And Sauces

HUMMUS

Sides

SWEET POTATO

Refreshers & Tea

KALE AID

To Share Appetizers

TORCHED AVOCADO

Entrées

HERB HUMMUS

FRIED PICKLES

Pizza

PIZZA MARGHERITA

CHEESE PIZZA

Vegetarian

CAULIFLOWER

PARMESAN ASPARAGUS

Sandwiches

CHICKEN SANDWICH

GRASS FED BURGER

Starters & Salads

POTATO CHIPS

FRENCH FRIES

Bowls

TERIYAKI QUINOA

VEGAN BOWL

Curries

SPICY PANANG CURRY

PANANG CURRY

Hot Drinks

COFFEE

TEA

Burgers & Sandwiches

T.L.T.

INSIDE OUT QUINOA BURGER

Refreshers

HANGOVER RX

HEALTH-ADE KOMBUCHA

True Food Kitchen Menu



Antipasti

ROASTED ARTICHOKE
HOUSE-MADE CHICKEN SAUSAGE
APPETIZERS

Chicken

GRILLED CHICKEN
CHICKEN
FRIED CHICKEN

Sauces

BBQ
MAYO
GUACAMOLE

Burger

TURKEY BURGER
CHEESEBURGER
CHEESE BURGER
DOUBLE CHEESE BURGER
DOUBLE CHEESEBURGER

Side Dishes

PICKLES
RICE
SWEET POTATO FRIES
FRENCH FRIES
POTATO CHIPS

Dessert

HARISSA
VANILLA ICE CREAM
CREPES

KEY LIME PIE
COOKIES

Starters

CHARRED CAULIFLOWER
DAILY MARKET SOUP
KALE GUACAMOLE
PAN ROASTED CHICKEN
SPAGHETTI SQUASH CASSEROLE

Uncategorized

CHERRY CHIA LIMEADE
CHIOGGIA BEET BRUSCHETTA
SHIITAKE LETTUCE CUPS
WILD CAUGHT ALBACORE TATAKI*
RED CHILI NOODLES
SCOTTISH STEELHEAD*
SUSTAINABLE SEABASS*

Restaurant Category



BARBECUE
VEGAN
BAR

VEGETARIAN
MEDITERRANEAN
GLUTEN FREE
DESSERT
FRENCH

Salads



FARMERS MARKET
CRUDITÉS
ORGANIC TUSCAN KALE

True Food Kitchen Menu



SEASONAL INGREDIENT

MEDITERRANEAN QUINOA

ANCIENT GRAINS

SALAD

KALE SALAD

CHICKEN SALAD

MEDITERRANEAN SALAD

These Types Of Dishes Are Being Served



BARBACOA

BURGER

PIZZA

PANINI

TURKEY

DESSERTS

ICE CREAM

SALAD

TUNA STEAK

SOUP

WRAP

PASTA

APPETIZER

Ingredients Used

SPINACH



KALE

BRUSSELS SPROUTS

QUINOA

MINT

TOFU

CHEESE

EDAMAME

SAUSAGE

POTATOES

GARLIC

AVOCADO

PESTO

MUSHROOMS

MISO

PEAS

SWEET POTATOES

TOMATO

WATERMELON

LETTUCE

TUNA

AHI TUNA

SEAFOOD

COCONUT

VEGETABLES

True Food Kitchen Menu



True Food Kitchen

Broadway Plaza | 120 Broadway
Lane Level 1 Walnut Creek, CA
94596, United States

Opening Hours:

Monday 11:00-21:00
Tuesday 11:00-21:00
Wednesday 11:00-21:00
Thursday 11:00-21:00
Friday 11:00-22:00
Saturday 10:00-22:00
Sunday 10:00-21:00

Made with [Menu](#)

