



Sayola Restaurant Tapas Bar Menu

<https://menuweb.menu>

50 Prospect Terrace Tenafly, NJ 07670, United States
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The menu of Sayola Restaurant Tapas Bar from **Tenafly** comprises about **143** different dishes and drinks. On average you pay about \$30.1 for a dish / drink. At Sayola Restaurant, we offer more than just delicious food. We provide a true celebration of Spanish culture. Families gather here to enjoy our tempting paella and form lasting friendships. As soon as you step into Sayola, you are immersed in a Spanish ambiance. The authentic bricks, unique tiles, and elegant fabrics transport you to Spain and create a welcoming atmosphere to savor some of the finest cuisine the country has to offer. Come join us at Sayola today for a feast of flavors, a cultural celebration, and a friendly environment!.

Sayola Restaurant Tapas Bar Menu



Alcoholic Drinks

SANGRIA

Soups

SOUP OF THE DAY \$4.5

10 Most Popular

TURNOVERS \$13.0

Main Courses

BROILED SALMON \$29.0

Antipasti

APPETIZERS

Meat Dishes

DUCK EMPANADAS \$13.0

Rice

PAELLA MARINARA \$46.0

Starters & Salads

FRENCH FRIES \$6.5

Menu

PASTA WITH HOME MADE MEATBALLS \$17.0

Entradas

ALCACHOFA CON JAMON SERRANO \$26.0

Beef Dishes

FILET MIGNON

From The Grill

SKIRT STEAK \$19.0

Warm Tapas

GALICIAN-STYLE OCTOPUS \$23.0

Soft Drinks

ICE TEA

Main Course

GALICIAN BROTH \$10.0

Offers

CHICKEN GARLIC \$25.0

Poultry

CHICKEN MADRID \$28.0

Entrees

CHEESE PLATTER \$20.0

Wine

BOTTLE OF WINE

Kids Menu

BABY SKIRT STEAK WITH FRENCH FRIES \$19.0

Spanische Gerichte

SPANISH OMELETTE \$13.0

Dinner For Two

BROILED N.Y. STRIP

Sayola Restaurant Tapas Bar Menu



Jumbo-Shrimps-Gerichte

JUMBO SHRIMPS \$18.0

Pescados Y Mariscos

SALMON SAYOLA \$32.0

Aperitivos

VIERAS RELLENAS \$22.0

Entrantes

MIXED PLATTER

Hot Drinks

TEA

Paella

VEGETARIAN PAELLA \$32.0

Egg Dishes

OMELETTE

Meats

VEAL CORUNESA \$34.0

Vegetable Dishes

MIX VEGETABLES \$6.5

Our Cuts - No Shortcuts

T-BONE \$43.0

Brick Oven Pizza

CHICKEN AND GARLIC \$28.0

Voorgerechten

PULPO GALLEGA

Seafood - Mariscos

SHRIMPS IN GREEN SAUCE \$32.0

Steaks And Seafood

CHILEAN SEA BASS \$41.0

Poultry (Pollos)

CHICKEN EXTREMENA \$30.0

Steak Cuts

NY STRIP \$40.0

Chicken / Pollo

CHICKEN EXTREMANA \$29.0

Carnes Y Guisados Syes

CHURRASCO CON CAMARONES \$49.0

Savory Pastries

ESCARGOTS \$14.0

Veal Favorites

VEAL MADRID \$32.0

Mexican-American Food

EMPANADAS

Latin American Dishes

GARLIC SHRIMP \$20.0

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Shrimos

COCONUT SHRIMPS \$18.0

Restaurant Category

DESSERT

Veal / Ternera

VEAL EXTREMANA \$30.0

Grilled And Braised Entrees

GRILLED CHURRASCO \$42.0

From The Earth (Meats)

MIXED GRILL \$120.0

Beef

SKIRT STEAK SHRIMPS

RIB EYE \$54.0

Side Orders

YELLOW SAFFRON RICE \$6.5

MASH POTATOES \$6.5

Sauces

SALSA

MARINARA

Fish

STUFFED SHRIMP \$40.0

SEA BASS

Dessert

TIRAMISU

BREAD PUDDING

Main

FIDEUA DE MARISCOS \$41.0

PASTA WITH BUTTER OR MARINARA \$9.0

Main Entrees

PERSONAL PAELLA MARINARA

PERSONAL PAELLA VALENCIANA

Cold Tapas

AGUACATE CON SALPICON DE MARISCOS. \$24.0

TABLA DE SERRANO (IBERICO) Y QUESO \$22.0

Steak & Pork / Carne & Puerco

NY STRIP SAYOLA STYLE \$45.0

GRAND PARRILLADA DE CARNE SAYOLA \$99.0

Latin American Food

VALENCIAN PAELLA \$48.0

PAELLA

Salads

ASTURIAS CABRALES SALAD \$15.0

TROPICAL SALAD \$15.0

SAYOLA SALAD \$14.0

Sayola Restaurant Tapas Bar Menu



Desserts



RICE PUDDING

HOME MADE TRADITIONAL
FLAN

BROWNIE WALNUTS WITH
ICE CREAM

Dinner Menu

PORK CHOPS CASERA \$32.0

STUFFED JUMBO SHRIMPS \$42.0

ASTURIAS SALAD \$14.0

Entrées



CLAMS CASINO \$18.0

TABLA IBÉRICA \$24.0

CHICKEN FINGERS
WITH FRENCH FRIES \$17.0

BBQ CHICKEN BITES \$9.0

Starters



GRILLED OCTOPUS \$24.0

CHICKEN ANDALUZ \$28.0

SURF TURF \$64.0

ROASTED RACK OF LAMB \$46.0

Hot Tapas

COMBINACION DE CAMARONES,
CHURRASCO Y CHORIZO \$24.0

CLAMS/ALMEJAS \$19.0

MUSSELS/MEJILLONES \$18.0

BABY PIMIENTO RELLENO \$20.0

Seafood

FILET OF SOLE \$36.0

OCTOPUS AND ORZO

GRILLED OCTOPUS

CALAMARI

SALMON BROILED \$27.0

Tapas

PATATAS BRAVAS \$11.0

HAM CROQUETTES \$13.0

FRIED CALAMARI \$18.0

CHORIZO ESPAÑOL \$18.0

RUSSIAN SALAD

Fish And Seafood

RED SNAPPER VISCAINA \$36.0

SHRIMPS VIZCAINA \$32.0

MARISCADA MARINARA \$42.0

GRAN PARRILLADA OF
SEAFOOD SAYOLA \$140.0

MARISCADA SALSA VERDE \$42.0

Side Dishes

BAKED POTATO

POTATO CHIPS

SAUTEED MUSHROOMS \$6.5

SAUTEED SPINACH \$6.5

ROASTED POTATOES \$6.5

RICE

Seafood And Fish / Mariscos And Pescado

WHOLE BROILED OR STEAM
LOBSTER \$40.0

SQUID INK BLACK PAELLA \$44.0

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RED SNAPPER VIZCAINA	\$35.0
CAMARON VISCAINA (RED)	\$30.0
CAMARON VERDE (GREEN)	\$30.0
MARISCADAS (GREEN OR RED)	\$41.0
GRAND PARRILADA OF SEAFOOD SAYOLA	\$120.0

PORK CHOPS	\$30.0
DESSERTS	
SALAD	

These Types Of Dishes Are Being Served



BREAD
ICE CREAM
SOUP

LAMB
OYSTERS
MUSSELS
LOBSTER
FISH
APPETIZER

Ingredients Used



SALMON
PRAWNS
GARLIC

SHRIMP
BEANS
COCONUT
SEAFOOD
BUTTER
MUSHROOMS
CHORIZO
SAUSAGE
VEGETABLES
LYCHEE

Sayola Restaurant Tapas Bar

50 Prospect Terrace Tenafly, NJ
07670, United States

Opening Hours:
Tuesday 16:00-22:00
Wednesday 16:00-22:00
Thursday 16:00-22:00
Friday 16:00-22:00
Sunday 16:00-22:00
Saturday 16:00-23:00



Made with [Menu](#)