



7 West Bistro Grille Menu

<https://menuweb.menu>

7 W Chesapeake Ave Towson, MD 21204-4802, United States
+14103379378,+14108232461 - <http://7westbistro.com/>



The restaurant from Towson offers **190** different **courses and drinks** on [the menu](#) for an average price of \$10.5. 7 West Bistro has received a wide range of reviews, but overall seems to be a popular spot for many patrons. Some have had negative experiences with food quality and service, while others have raved about the delicious dishes and excellent service they received. The atmosphere can be loud and crowded, especially on weekends, but the food seems to be a consistent highlight for many visitors. The menu offers a variety of options to cater to different tastes, and the portions are generous. Some guests have praised the attentive and friendly staff, while others have had mixed experiences with service. Overall, 7 West Bistro seems to be a hit or miss, but for those who have had positive experiences, it has become a favorite go-to spot for a great meal.

7 West Bistro Grille Menu



Desserts

CHOCOLATE CAKE

Non Alcoholic Drinks

WATER

Oriental Dishes

FALAFEL \$7.0

Salad

CAESAR

Snacks

MOZZARELLA STICKS \$7.0

Drinks

DRINKS

Chicken

PINEAPPLE CHICKEN

Tacos

CHICKEN DELUXE \$10.0

Fish

SEA BASS

Dessert

CHEESECAKE

Soft Drinks

JUICE

Spirits

MARTINI

Main Course

GRILLED OR BLACKENED TILAPIA \$6.0

Special Burger

GREEK BURGER \$11.0

Teigwaren

PENNE PESCATORE \$20.0

Appetizers

COCONUT SHRIMP \$8.0

Paninis

ITALIAN

Subs

MEATBALL, CHICKEN, OR EGGPLANT \$8.5

Juices

PINEAPPLE JUICE

Salad And Soup

FALL HARVEST SALAD

Greek Specialties

SPANAKOPITA \$6.0

Chicken Wings

WINGS

7 West Bistro Grille Menu



Hähnchen-Curry

CAJUN \$15.0

Chips & Nachos

DIP SAMPLER \$10.0

Baked

EGGPLANT PARMIGIANA \$14.0

Asian

EGG ROLL

Dinner Entrées

ATLANTIC SALMON \$18.0

Weekend Brunch

JUMBO LUMP CRAB CAKE \$16.0

3Rd Course

CRAB RAVIOLI \$17.0

Seafood Entrees

SHRIMP OREGANATA \$8.0

Enhancements

GRILLED OR BLACKENED SHRIMP \$9.0

Appetisers

POTATO FRITTERS \$5.0

Monday

CHICKEN OR EGGPLANT PARMIGIANA \$8.5

Starches

RICE PILAF

Signature Sauces & Dry Rubs

MARYLAND STYLE \$20.0

Soups & Stews

CREAM OF CRAB \$5.0

Extras | Sides

GREEK PITA \$1.0

Surf And Turf**

CAJUN TUNA STEAK \$11.0

Chad's Classics

CHICKEN BROCCOLINI \$14.0

Wraps & Gyros

TUNA SALAD WRAP \$8.0

Today's Soup

MARYLAND CRAB SOUP \$5.0

Add Protein To Any Salad

GRILLED OR BLACKENED CHICKEN \$4.0

Smaller Plates To Share

CRAB BALLS \$14.0

7 West Bistro Grille Menu



Glamburgers

MUSHROOM BURGER \$11.0

Philly Steak

PHILLY STYLE

Bar & Lounge

OLIVE MEDLEY \$4.0

Condiments And Sauces

HUMMUS \$6.0

Ciabatta Selection

SMOKED ATLANTIC SALMON \$10.0

Hot And Cold Subs

CHEESESTEAK SUB \$9.0

Chargrilled Skewers (New Freshly Grilled And Skewered With Padron Peppers And Served With Tortilla Wrap, Slaw And Side Of Your Choice)

SURF 'N' TURF \$26.0

Soups, Sides & Bowls - Soups

MARYLAND CRAB \$5.0

Housemade Side Plates

STEWED GREEN BEANS

Meze – Cold Starters

TARAMOSALATA \$6.0

Souvlaki Station (The Photo Is Indicative)

CHICKEN SOUVLAKI

Starters & Salads

FRENCH FRIES

FRENCH FRIES

Side Orders

SOUP OF THE DAY \$4.0

OVEN-ROASTED POTATOES

Sauces

TZATZIKI \$6.0

DIPS

Chicken Dishes

CHICKEN TENDERS \$8.0

CHICKEN PARMIGIANA \$14.0

From The Grill

BBQ RIBS \$15.0

RIBS

Wine

CHARDONNAY

BOTTLE OF WINE

Organic Gourmet Greens

PLANK-GRILLED SALMON SALAD \$14.0

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MD CRAB SALAD \$15.0

Wraps

GRILLED CHICKEN CAESAR WRAP \$8.0

CALIFORNIA TURKEY WRAP \$9.0

VEGGIE WRAP \$8.0

From The Grille

CHICKEN SOUVLAKIA (KABOBS) \$15.0

USDA CHOICE FLAT IRON STEAK \$18.0

THE GRILL SPECIALTY BONELESS PORK CHOPS \$15.0

Restaurant Category



GREEK

DESSERT

FRENCH

Burger

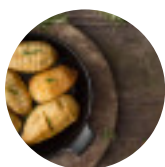
CLASSIC GRILLED HAMBURGER \$9.0

7WEST BURGER \$11.0

SUPREME BURGER \$11.0

BLACK 'N ' BLEU BURGER \$10.0

Side Dishes



LIMA BEANS GIGANTES

ROASTED POTATOES

STEAMED BROCCOLI

FRENCH FRIES

Starters

CHICKEN LIVER PÂTÉ \$6.0

GYRO \$9.0

MEDITERRANEAN TILAPIA \$17.0

JUMBO LUMP CRAB MEAT \$9.0

From The Sea

BAJA-STYLE FISH TACOS \$15.0

GRILLED WHOLE BRONZINI \$26.0

MAHI-MAHI FILLET \$19.0

AEGEAN RED SNAPPER FILLET \$19.0

MAKE ANY FISH MARYLAND STYLE \$9.0

Great Add-Ons To Any Salad

GRILLED, CRISPY-FRIED, OR BLACKENED CHICKEN OR GYRO SLICES \$4.5

GRILLED OR BLACKENED TILAPIA OR CRISPY-FRIED BACALAO (COD) \$6.0

GRILLED OR BLACKENED FLAT IRON STEAK OR ATLANTIC SALMON OR MAHI-MAHI OR RED SNAPPER \$7.0

JUMBO LUMP CRAB MEAT OR PETITE CRAB CAKE \$10.0

GRILLED OR BLACKENED SHRIMP, ATLANTIC SALMON, OR MAHI MAHI \$7.0

Seafood

CALAMARI \$10.0

OCTOPUS AND ORZO \$12.0

SHRIMP PARMIGIANA \$16.0

LOBSTER RAVIOLI \$17.0

CRAB CAKES

SHRIMP SALAD

Our Signature Salads

GRILLED CHICKEN FETA SALAD \$13.0

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AEGEAN SHRIMP SALAD	\$16.0
ITALIAN STEAK SALAD	\$15.0
AHI TUNA OVER NICOISE SALAD	\$15.0
MD-STYLE CRAB COBB SALAD	\$17.0
GRILLED CHICKEN OVER SPINACH SALAD	\$14.0

Tapas & Appetizers

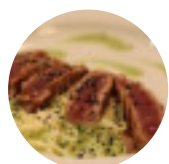
FIRE-ROASTED EGGPLANT DIP	\$6.0
GREEK BUTTER BEANS	\$5.0
ZESTY CHEESE SPREAD	\$6.0
GREEK STYLE FETA CUBES	\$4.0
PANKO-BREADED SHRIMP	\$8.0
CRISPY-FRIED BACALAO	\$8.0
GRILLED RACK OF LAMB CHOPS	\$13.0

Pasta



HOMEMADE PASTITSIO	\$11.0
PASTA MARINARA	\$10.0
PORTOBELLO MUSHROOM RAVIOLI	\$14.0
CHICKEN SCALOPPINI MARSALA	\$14.0
PENNE A LA PESTO	\$13.0
FETTUCINI ALFREDO	\$12.0
SPAGHETTI WITH MEATBALLS MARINARA	\$8.0
PASTA ALFREDO	

Salads



SEARED AHI TUNA	\$11.0
GARDEN SALAD	
CAESAR SALAD	
GREEK SALAD	

SUMMER SALAD	
MEDITERRANEAN SALAD	
SOUTHWESTERN CHICKEN	\$10.0
SPINACH SALAD	\$5.0
GARDEN	

Entrées



SPINACH AND ARTICHOKE DIP	\$8.0
HOT CRAB DIP	\$10.0
STEAMED SHRIMP	\$10.0
PRINCE EDWARD ISLAND MUSSELS	\$10.0
BUFFALO WINGS	\$10.0
BBQ RIBLETS	\$8.0
SOUTHWESTERN EGG ROLLS	\$7.0
DOLMADES	\$6.0
SHRIMP SANTORINI	\$19.0
CITRUS CHIPOTLE BBQ RIBLETS	\$8.0
GREEK SAMPLER	\$6.0
CRAB CAKE	
TOMATO CREAM SOUP	

Sandwiches



PORTOBELLO BURGER (VEGETARIAN)	\$9.0
CHICKEN BREAST GRILLED, FRIED, OR BLACKENED	\$8.0
PARMIGIANA SUBS	\$8.5
GYRO OUR SPECIALTY	\$8.0
100Z CERTIFIED ANGUS BEEF HAMBURGER	\$9.0
CHICKEN BREAST-GRILLED, BLACKENED OR CRISPY FRIED	\$8.0

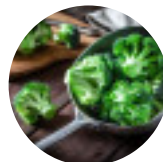
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HOMEMADE SHRIMP SALAD	\$10.0
CRISPY FRIED BACALAO OR SHRIMP PO BOY ON CIABATTA	\$9.5
TUNA SALAD B.L.T. ON CIABATTA	\$9.0
GRILLED CHICKEN CAPRESE ON CIABATTA	\$9.5
TURKEY BREAST SUPREME ON CIABATTA	\$9.0
MAHI-MAHI	\$19.0
EGG ROLLS	

JAMBALAYA
BREAD
DESSERTS

Ingredients Used



BROCCOLI
SHRIMP \$9.5
SHRIMP

CHEESE
BUTTER
BEANS
TOMATO
VEGETABLES
DUCK
BANANA
SPINACH
COCONUT
GRILLED SHRIMP
POTATOES
SEAFOOD
EGG
CHOCOLATE

These Types Of Dishes Are Being Served



LAMB
LAMB CHOPS
CHICKEN

APPETIZER
QUESADILLAS
MEAT
SALAD
BURGER
SOUVLAKI
SOUP
PASTA

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Opening Hours:
Monday 11:00-22:00
Tuesday 11:00-22:00
Wednesday 11:00-22:00
Thursday 11:00-22:00
Friday 11:00-00:00
Saturday 11:00-00:00
Sunday 11:00-22:00

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