



Aux Vivres Plateau Menu

<https://menuweb.menu>

4631 Saint-Laurent Blvd Montréal, QC H2T 1R2, Denver, United States
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The menu of Aux Vivres Plateau from Denver comprises about **203** different dishes and drinks. On average you pay about \$6.1 for a dish / drink. Our goal is simple: to improve the world, one meal at a time. We have been serving delicious vegan dishes to Montrealers for the past twenty years with love and dedication. Each item on our menu is carefully crafted just for you, including our freshly baked chapati used for sandwiches. Our food brings people together from all backgrounds, and we are proud to provide affordable fresh vegan options to health food retailers, universities, and hospitals. We believe that good food should be both healthy and enjoyable.

Aux Vivres Plateau Menu



10 Most Popular

CORNBREAD

\$4.7

Sandwiches & Hot Paninis

HAMBURGER

Antipasti

APPETIZERS

Drinks

SMOOTHIES

Starters & Salads

FRENCH FRIES

Vegetarian Dishes

CARROT CAKE

Fish

SMOKED SALMON

Entradas

TACOS THAI

\$5.1

Steaks

STEAK SALAD

Main Course

MEKONG

Thai-Gerichte

THAI

\$9.6

Kids

KIDS BURGER

Homemade Sauces

PEANUT SAUCE

Softs

SPARKLING WATER

\$1.8

Fresh Juices

CARROT JUICE

Chicken Wings

WINGS

Asian Specialties

SATAY

Sushi Combinations

DRAGON

\$9.4

Lassi

MANGO LASSI

Schwarze Tees

EARL GREY

Noodle

RAMEN

Schnitzel Sandwiches

DRAGON SANDWICH

Aux Vivres Plateau Menu



Aguardientes

NECTAR

Brunch

GOLDEN PANCAKES

Poke

BOUDDHA \$10.0

Bread

BAGEL

Tea

CAMOMILE

Mix Maza

CHANA PARATHA \$5.5

Entrees

PATATES RÔTIES \$4.0

Entree

DAHL SOUP \$3.6

Desserts (Avec Gluten)

GÂTEAU AUX CAROTTES

Hot

GINGER

Teas

SENCHA

Green Tea

GENMAICHA

Boissons Chaudes

ALLONGÉ \$2.2

Hot Drink

HOT CHOCOLATE \$2.5

Boissons

BOISSON GAZEUSE \$2.9

Sunrise

LOX

Homemade Lemonade

HIBISCUS LEMONADE \$2.9

ALKOHOLFREIE GETRÄNKE

SODA \$2.9

Nos Breuvages

CAFÉ FILTRE \$1.8

Glamburgers

MUSHROOM BURGER

Local Cocktails

CREAMSICLE

Aux Vivres Plateau Menu



Un Dessert à Partager

BROWNIE AUX NOIX DE GRENoble* \$3.3

Jus frais

VÉGÉ-DÉLICE

Dessert & Glace

DOUBLE CHOCOLAT

Menu VEGÉTARIEN

FENOUIL

Special Homemade Sushi

FREESTYLE

Sauces

SAUCE

Nos Chirashis

LE COMPLET

Coffee Selection

FILTER COFFEE \$1.8

BRUNCH DU WEEKEND

CRÊPES DORÉES*

Como Cocktails

TONIQUE

Heavenly Pancakes

CALIFORNIAN \$9.8

Per Cominciare

LA POLENTA

Boissons Indiennes

LASSI À LA MANGUE

Pmd Tea's By The Pot

ROOIBOS

Teas \$5

DARJEELING

Testing Menu

FENNEL

Hot Chocolate "Monbana"

HOT CHOCOLATE \$2.5

Parfums Classiques - 25

MENTHE

Crème fraîche

CALIFORNIENNE \$9.8

Sashimi And Sushi Compositions

BUDDHA \$10.0

Salads

SMALL AUX VIVRES SALAD \$4.4

BACON CAESAR

Aux Vivres Plateau Menu



Pizza

POPEYE

CAMOMILLE

Side Dishes

BROWN RICE

RICE

Sauces

PEANUT SAUCE

SALSA

Soft Drinks

ORANGE JUICE \$4.7

JUICE

Hamburgers

AUX VIVRES BURGER \$10.5

LATKE BURGER \$10.5

Sandwichs

VÉGÉPÂTÉ

SANDWICH DRAGON

Brownies

SPICY BROWNIE \$3.6

BROWNIE ÉPICÉ \$3.6

Salades

PETITE SALADE AUX VIVRES \$4.4

BACON CÉSAR* \$9.8

Beverages

YERBA MATE

JUICES

Hot Drinks

COFFEE

TEA

Herbs And Fruits

NETTLE

RASPBERRY LEAF

THÉS & TISANES BIO

ORTIE

FEUILLES DE FRAMBOISIER

CAFÉ & BOISSONS

IATTÉ MATCHA \$3.6

LIMONADE À L'HIBISCUS \$2.9

Entrées

PAKORAS \$4.7

SOUPE DAHL \$3.6

POTATO WEDGES

Chicken

CHICKEN WINGS

BUFFALO CHICKEN

BUFFALO CHICKEN

Comfort Food

DOUBLE LATKE PLATE \$11.6

MEXICALI BURRITO PLATE \$11.6

Aux Vivres Plateau Menu



MUMBAI BOWL \$11.6

Plats-RÉCONFORT

ASSIETTE DOUBLE LATKE \$11.6

ASSIETTE BURRITO MEXICALI \$11.6

BOL MUMBAÏ \$11.6

Non Alcoholic Drinks

KOMBUCHA \$3.6

SPARKLING WATER \$1.8

TONIC

ORANGE JUICE \$4.7

Sandwiches



VEGGIE PÂTÉ

B.L.T.

BLT SANDWICH

VEGGIE DELITE

Mexican Dishes



HUEVOS RANCHEROS

BURRITO

BREAKFAST BURRITO

BURRITOS

Biscuits

OATMEAL CHOCOLATE CHIP

MAPLE FLAX

AVOINE BRISURES DE CHOCOLAT

LIN ÉRABLE

Coffee

ESPRESSO \$2.0

CAPPUCCINO \$2.5

LATTE \$2.9

MATCHA LATTE \$3.6

CAKE & PIE

BERRY UNCHEESECAKE*

PEANUT CHOCOLATE UNCHEESECAKE*

CHOCOLATE BANANA PIE

CHOCOLATE APPLE CAKE

TARTE ET GÂTEAUX

GÂTEAU FAUXMAGE AUX BAIES*

GÂTEAU FAUXMAGE CHOCO-ARACHIDE*

TARTE CHOCO-BANANE

GÂTEAU CHOCO-POMME

Burger

TEMPEH BURGER \$10.5

BURGER AUX VIVRES \$10.5

BURGER TEMPEH \$10.5

BURGER LATKE \$10.5

BURGER POUR ENFANTS \$7.3

Smoothies

BOMBAY BANANA

CHOCO-CLASSIC

BOMBAY BANANE

LE FREESTYLE

LE CREAMSICLE

CHOCO-CLASSIQUE

SMOOTHIE

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Starters

ROASTED POTATO WEDGES	\$4.0
AUX VIVRES MEZZE CHAPATI	\$10.2
GYRO	
PAIN DE MAÏS	\$4.7
MEZZÉ AUX VIVRES CHAPATI	\$10.2
TEMPEH SATAY	
THAI TACOS	

Indian

CHAPATI	\$3.6
PARATHA	\$3.6
MALAI KOFTA	\$5.5
CHAI	\$2.5
CHICKEN CURRY	
STRAWBERRIES LASSI	
CHAI LATTE	

Dessert

	DOUBLE CHOCOLATE
	CHEESECAKE
	APPLE PIE
COOKIE	
CHEESE CAKE	
COOKIES	
CREPES	
WALNUT BROWNIE	

Restaurant Category

	VEGAN
	DESSERT
	VEGETARIAN
ITALIAN	

FRENCH

GREEK

MEXICAN

GLUTEN FREE

These Types Of Dishes Are Being Served



BURGER

DESSERTS

SALAD

PANINI

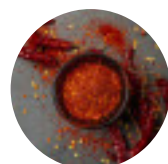
SOUP

WRAP

BREAD

APPETIZER

Ingredients Used



CHILI

GINGER

MINT

MANGO

ZUCCHINI

BANANA

VEGETABLES

COCONUT

TOFU

BACON

CHEESE

CHOCOLATE

MILK

BUTTER

ONION

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PEANUT BUTTER

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Opening Hours:

Sunday 11:00-22:00
Monday 11:00-22:00
Tuesday 11:00-22:00
Wednesday 11:00-22:00
Thursday 11:00-22:00
Friday 11:00-22:00
Saturday 11:00-22:00

Made with [Menu](#)

