



Marlene's Market Deli Menu

<https://menuweb.menu>

2951 S 38th St, Tacoma, Washington, USA, 98409, United States
+12534724080 - <http://www.marlenesmarket-deli.com>



Here you will find the [menu](#) of **Marlene's Market And Deli** in Tacoma. At the moment, there are **26** meals and drinks on the menu. Nestled in Tacoma, Marlene's is a small market that might carry a slightly higher price tag, yet its specialty offerings are hard to beat. Here, you'll discover an impressive array of natural foods, from unique ingredients like carob powder to a wide range of vegan products, including deli items and freshly baked goods. The eatery features a delightful salad bar, made-to-order vegan sandwiches, and a selection of soups, ensuring delicious, healthy options for all. The knowledgeable staff and occasional cooking classes make it a fantastic learning hub for those venturing into veganism, solidifying Marlene's as a local staple.

Marlene's Market Deli Menu



Salads

CAESAR SALAD

Desserts

CHOCOLATE CAKE

Smoothies

SMOOTHIE

Soups

SOUP OF THE DAY

Oriental Dishes

FALAFEL

Side Dishes

RICE

Pork

SMOKED HAM (HALF) \$4.0

Starters & Salads

POTATO CHIPS

Fish

SEA BASS

Dessert

COOKIES

Indian

CHAI LATTE \$3.3

Soft Drinks

JUICE

Grill Menu

GRILLED CHEESE (HALF) \$2.6

Toppings

TOPPINGS

Beverages

JUICES

Subs & Wraps

VEGGIE (HALF) \$3.6

Lunch - Sandwiches

ROAST BEEF (HALF) \$4.0

Catering Menu - Salads

TUNA SALAD (FULL) \$7.0

Espresso & Tea

TEECINO LATTE \$3.3

Diverse Cuisine

DRIP COFFEE \$1.6

Non Alcoholic Drinks

FRAPPÉ \$3.3

ICED TEA \$3.8

Sauces

MAYO

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DIPS


Half Sized Subs "8 Inch"

CHICKEN SALAD (HALF)	\$4.0
EGG SALAD (HALF)	\$3.6

Drinks

- DRINKS
- BEER
- SMOOTHIES

Hot Drinks

	MILK (STEAMED)	\$1.3
	COFFEE	
	TEA	
	HOT TEA	\$1.6


Restaurant Category

	VEGAN
	DESSERT
	BAR
	GLUTEN FREE


Coffee

	ESPRESSO	\$1.6
	CARAMEL MACCHIATO	\$3.3
	MOCHA	\$3.3
	WHITE MOCHA	\$3.3
	MILK (COLD)	\$1.3
	CAPPUCCINO	\$2.8
	LATTE	\$2.8
	MATCHA LATTE	\$3.3

These Types Of Dishes Are Being Served

	TURKEY
	BREAD
	DESSERTS
	ROAST BEEF
	PANINI
	SOUP
	SALAD
	MEAT
	SANDWICH

Ingredients Used

	VEGETABLES
	AVOCADO
	MILK
	TOMATO
	SYRUP
	RASPBERRY
	LETTUCE
	TOFU
	CHOCOLATE
	CHEESE

Sandwiches

	PASTRAMI (HALF)	\$4.0
	PB J (FULL)	\$4.0
	ROASTED TURKEY (HALF)	\$4.0
	FALAFEL (FULL)	\$6.99
	ROASTED TURKEY (FULL)	\$8.5
	SMOKED TURKEY (HALF)	\$4.0
	SMOKED HAM (FULL)	\$7.0

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ROAST BEEF (FULL)	\$7.0	CHICKEN SALAD (FULL)	\$7.0
PASTRAMI (FULL)	\$7.0	VEGGIE (FULL)	\$6.0
GRILLED CHEESE (FULL)	\$5.0	FALAFEL (HALF)	\$4.0
SMOKED TURKEY (FULL)	\$7.0	BLACKENED TOFU (HALF)	\$3.6
TUNA SALAD (HALF)	\$4.0	BLACKENED TOFU (FULL)	\$6.0
EGG SALAD (FULL)	\$8.0	PB J (HALF)	\$2.6
		GRILLED CHEESE	

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Opening Hours:
Monday 09:00-20:00
Tuesday 09:00-20:00
Wednesday 09:00-20:00
Thursday 09:00-20:00
Friday 09:00-20:00
Saturday 09:00-19:00
Sunday 10:00-18:00

Made with menuweb.menu

