



Dr. Bird's Rasta-Rant Menu

<https://menuweb.menu>

3104 Main Street Buffalo, NY 14214, United States

+17168376426 - <http://doctor-bird-inc.page.io/>



The restaurant from Buffalo offers **76** different **dishes and drinks on [the menu](#)** at an average price of \$9.8. Nestled just off Main and Highgate, this restaurant offers a delightful taste of Caribbean cuisine, showcasing dishes like savory oxtails and rich curry goat. Many patrons laud the vibrant flavors and generous portions, with standout items such as the Vegetable Rundown and flaky beef patties often drawing rave reviews. However, experiences vary; while some commend the fresh, expertly prepared meals by the talented Rasta chef, others express frustration with inconsistent portion sizes and service. Overall, the inviting atmosphere and flavorful dishes create a promising dining experience, making it a noteworthy stop for lovers of authentic Jamaican fare.

Dr. Bird's Rasta-Rant Menu



Main Courses

STEAKS \$3.0

Vegetarian

CURRY VEGETABLE \$6.8

Main Dishes

CURRY GOAT \$6.8

Drinks

DRINKS

Chicken Dishes

BBQ CHICKEN \$14.0

Beef Dishes

FILET MIGNON \$32.0

Bowls

CURRY TOFU VEGETABLE \$8.0

Seafood Dishes

RAINBOW TROUT \$17.0

Sauces

BÉARNAISE \$3.0

Vegetarisch & Vegan

JERK TOFU \$8.0

Chicken Wings

WINGS

Vegetarian Food

TOFU BURGER \$4.5

Lunch Special

BROWN STEW CHICKEN \$6.8

Wings

20 WINGS \$11.0

Italian

CHICKEN MARSALA \$16.0

Vegetarian Dish

VEGGIE PATTY

Steaks & Chops

NEW YORK STRIP STEAK \$26.0

Shrimp

CURRY SHRIMP \$10.5

Second Course

FRESH MAINE LOBSTER \$35.0

Meat Selections

OXTAIL \$15.0

Pon Di Side

ROTI SHELL \$2.4

Fried Combos

FISH BOAT \$5.0

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Vegetables By The Pound

CURRY POTATO \$6.8

Tasty Fixins

MARSALA MUSHROOMS \$3.0

Smoked Wings

10 WINGS \$7.6

Knife And Fork

HOUSE SMOKED BBQ RIBS \$26.0

Sides

PLANTAINS \$2.0

Birdland Dinners

CHICKEN RIB COMBO \$22.0

Yard Bites

COCO BREAD \$1.0

Sandwiches

STAKELET SANDWICH \$4.7

JAMAICAN WHOPPER \$3.3

Side Dishes

RICE \$2.0

MIXED VEGETABLES \$0.8

Side Orders

STEAM VEGETABLE \$6.8

STEAM VEGETABLES \$8.0

Vegetarian Dishes

CARROT CAKE \$3.0

CURRY TOFU \$8.0

Steaks

SURF AND TURF \$45.0

AU POLVRE \$3.0

Starters

DOUBLE CUT PORK CHOPS \$19.0

THICK-CUT RIB EYE \$29.0

Indian

CURRY CHICKEN \$7.4

CHICKEN CURRY

Roti

CURRY SOYA CHUNKS \$6.8

BROWN STEW SOYA CHUNKS \$6.8

Vegetarian Dinners

STAKELET \$8.0

CURRY SOYA CHUNK \$8.0

Restaurant Category

VEGETARIAN

VEGAN

Salads

RASTA PASTA SALAD \$2.5

JERK TOFU SALAD \$6.0

POTATO SALAD \$2.5

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Entrées

HERB CHICKEN	\$14.0
JERK CHICKEN SALAD	\$6.0
SESAME TUNA	\$18.0

VEGETABLES

\$2.5

CORNED BEEF

Chicken

CHICKEN WINGS	
JERK CHICKEN	\$11.0
BUFFALO CHICKEN	

Dessert

BANANA BREAD	\$2.5
CHEESECAKE	\$3.0
BEAN PIE	\$1.5
YELLOW CAKE	\$2.5

These Types Of Dishes Are Being Served

DESSERTS

CHICKEN	\$1.8
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MEAT

FISH

BREAD

APPETIZER

Ingredients Used

BEEF

RED SNAPPER	\$10.0
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HADDOCK	\$10.0
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TOFU

SPINACH

BEANS

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3104 Main Street Buffalo, NY
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Opening Hours:

Monday 11:30 - 22:00
Tuesday 11:30 - 22:00
Wednesday 11:30 - 22:00
Thursday 11:30 - 22:00
Friday 11:30 - 22:00
Saturday 11:30 - 22:30

Made with [Menu](#)

