

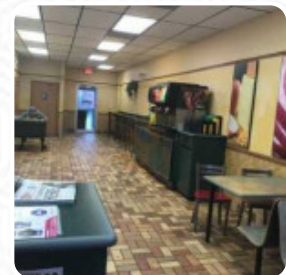
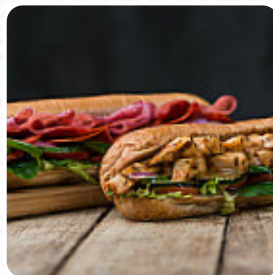


Subway Menu

<https://menulist.menu>

113 Welch Ave, Ames, United States Of America

+15152927917 - <http://www.subway.com>



The menu of Subway from Ames contains about **79** different menus and drinks. On average you pay about \$5.2 for a dish / drink. Subway in Ames, Iowa is a popular American restaurant with an average rating of 3 stars. Operating this week from 8:30 AM to 9:00 PM, Subway offers something for everyone, including vegetarian options. To learn more or reserve a table, call (515) 292-7917. Craving Subway but don't feel like going out? Order online through Uber Eats. If you loved your meal at Subway, check out Ichiban Japanese Restaurant or The Fighting Burrito for something new and delicious.

Subway Menu



Snacks

DORITOS COOL RANCH \$1.7

Sauces

MARINARA

Tacos

KOSHER

Classic Sandwiches

ROTISSERIE-STYLE CHICKEN \$7.2

Biscuits

WHITE CHIP MACADAMIA NUT \$0.9

Turkey

OVEN-ROASTED TURKEY \$6.6

Hot Drinks

TEA

Italian

MEATBALL MARINARA

Sweets & Desserts

LAY'S CLASSIC \$1.7

All Sandwiches

COLD CUT COMBO \$5.8

German Specialties

FRIKADELLE

Snacks & Beverages

MISS VICKIE'S SALT VINEGAR \$1.7

Kids' Sides

GOGO SQUEEZ APPLE APPLE \$1.8

Chips 1 Bag

DORITOS NACHO CHEESE \$1.7

Breakfast

STEAK, EGG CHEESE \$5.9

OATMEAL RAISIN \$0.9

Chicken

GRILLED CHICKEN \$7.0

BUFFALO CHICKEN \$6.9

Dessert

DOUBLE CHOCOLATE \$0.9

RASPBERRY CHEESECAKE \$0.9

Soft Drinks

DIET COKE \$2.9

MONSTER ENERGY GREEN \$3.2

Chips

SUNCHIPS GARDEN SALSA \$1.7

BAKED LAY'S ORIGINAL \$1.7

Shareable Desserts

12 PACK COOKIE BOX \$7.6

6 PACK COOKIE BOX \$4.3

Subway Menu



Sides

SUNCHIPS HARVEST CHEDDAR	\$1.7
MISS VICKIE'S JALAPEÑO	\$1.7

Non Alcoholic Drinks

WATER	
SPRITE	\$2.9
CHERRY COKE	\$2.9

Ingredients Used

OVEN ROASTED TURKEY HAM	\$10.2
CHOCOLATE CHIP	\$0.9
TUNA	\$6.5
OVEN-ROASTED TURKEY HAM	\$7.6
BLACK FOREST HAM	\$5.9

These Types Of Dishes Are Being Served

ROAST BEEF	\$7.7
WRAP	
OVEN ROASTED TURKEY	\$10.2
PANINI	
BREAD	

Sandwiches

BACON, EGG CHEESE	\$5.7
BLACK FOREST HAM, EGG CHEESE	\$5.7
EGG CHEESE	\$5.7
VEGGIE DELITE	\$5.5
STEAK CHEESE	\$7.2
B.L.T.	\$6.5

Beverages

COKE ZERO SUGAR	\$2.9
COCA-COLA CLASSIC	\$2.9
CHOCOLATE MILK	\$1.9
SIMPLY LEMONADE	\$2.4
1% LOW FAT MILK	\$2.0
GOLD PEAK SWEET TEA	\$2.9

Drinks



SIMPLY ORANGE	\$2.4
HONEST KIDS SUPER FRUIT PUNCH	\$1.7
DASANI WATER	\$2.4
VITAMIN WATER XXX	\$2.9
MONSTER ENERGY ZERO ULTRA	\$3.2
SODAS	
GATORADE COOL BLUE	\$2.9
GATORADE FRUIT PUNCH	\$2.9

Subway® Series



#2 THE OUTLAW	\$7.5
#8 THE GREAT GARLIC	\$8.3
#20 ELITE CHICKEN BACON RANCH	\$7.9
#16 ALL-PRO SWEET ONION TERIYAKI	\$7.4
#6 THE BOSS	\$7.4
#4 SUPREME MEATS	\$7.8
#18 THE ULTIMATE B.M.T.	\$7.0
#23 THE HOTSHOT ITALIANO	\$6.4
#3 THE MONSTER	\$8.3
#33 TERIYAKI BLITZ	\$7.5
THE PHILLY	\$7.5
#30 THE BEAST	\$8.9

Subway Menu



#17 GARLIC ROAST BEEF	\$8.5	#19 PICKLEBALL CLUB	\$7.2
#15 TITAN TURKEY	\$7.4	#10 ALL-AMERICAN CLUB	\$7.8
#99 GRAND SLAM HAM	\$6.8	#11 SUBWAY CLUB	\$7.9

Subway

113 Welch Ave, Ames, United States Of America

Opening Hours:
Monday 08:30-20:30
Tuesday 08:30-20:30
Wednesday 08:30-20:30
Thursday 08:30-20:30
Friday 08:30-20:30
Saturday 08:30-20:30
Sunday 08:30-20:30

Made with [Menu](#)

