

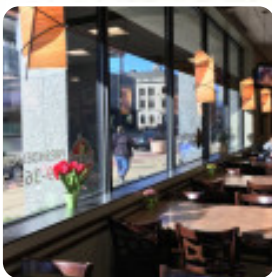


## Fresh Deli & Grill Menu

<https://menuweb.menu>

200 1st St SE STE 125 Cedar Rapids, IA 52401-1409, United States

+13193632995



granola on the side  
 & Stuffed 3.69  
 1/2 lb of fresh cut  
 onion fruit

Hamade Soup  
 : 3.49 Bowl: 4.98

**HS MENU 4.98**

zesty, keto items served  
 house vinaigrette

rotisserie

egg with fresh onions and  
 oil of bacon or sausage

avocado and egg

100% Cheese quesadilla  
 w/ Cheddar

from Fresh (2.00)

any or Ham Sandwich

**SEITTE**

chicken 1.75

veal 2.00

chicken 1.75

**Baked drinks**

price as marked

**SMOOTHIES**

Regular 3.75 Large 4.25

**COFFEE**

Fresh Roasted Coffee

(Rotisserie only daily)

Size 1.99 Med 2.19 LG 2.41

Milk 5oz 1.70 Regular 1.9

Hot Tea 1.99

Chai Tea Lettuce

Size 0.99 Med 3.98 LG 3.98

Hot Chocolate

Size 2.49 Med 2.79 LG 2.98

Steamer

Size 2.99 Med 3.29 LG 3.3

**ESPRESSO BEVERAGE**

Cappuccino

Size 3.49 Med 3.98 LG 4.4

lettuce and cheddar wrap.

**icken Bacon Avocado Poise 5.49**

100% chicken breast, factory smoked bacon, avocado, provolone

cheese, spinach and cheddar on roll.

**Red Ham and Cheese 5.99**

a choice of cheese with our Swiss ham.

**ring Poise 1.99**

select turkey breast, sauerkraut, Swiss cheese and mustard

and dressing on rye bread.

**ngy Tano Sandwich 1.29**

1/2, mayo, pickles, onion, spinach and lemon juice.

**T Wrap 3.99**

chicken, turkey, ham, lettuce, tomatoes, mayo and bacon slice.

**utwest Turkey Wrap 7.99**

any breast, pepper jack cheese, avocado, lettuce, tomato, onion

pickle mayo and Cajun sauce in a jalapeno cheese wrap.

chicken, turkey, ham, lettuce, tomatoes, mayo and bacon slice.

100% chicken breast, factory smoked bacon, avocado, provolone

cheese, spinach and cheddar on roll.

**add Your Own Deli Sandwich or Wrap 6.99**

1/2 lb of meat, 1 cheese and unlimited veggie & spread.

1.50 for extra cheese, avocado, fruit/fruit or roll substitution.

Here you can find the [menu](#) of Fresh Deli & Grill in Cedar Rapids. At the moment, there are **20** dishes and drinks on the card.

# Fresh Deli & Grill Menu



## Salads

GREEK SALAD

## Sandwiches

TURKEY CHIPOTLE CLUB

## Wraps

CHICKEN BLT WRAP

## Hot Sandwiches

TURKEY REUBEN

## Pastries

BUTTER CROISSANTS

## Coffee Bar

FRESH ROASTED COFFEE

## Restaurant Category

GREEK

## Dessert

YOGURT PARFAIT

COOKIES

## Starters

GYRO

HOMEMADE SOUP

## Mexican Dishes

BREAKFAST BURRITO

BURRITO

## Ingredients Used

BACON

AVOCADO

SPINACH

## These Types Of Dishes Are Being Served

TURKEY

WRAP

SALAD

PANINI

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## Fresh Deli & Grill

200 1st St SE STE 125 Cedar  
Rapids, IA 52401-1409, United  
States

### Opening Hours:

Monday 07:00 - 15:00  
Tuesday 07:00 - 15:00  
Wednesday 07:00 - 15:00  
Thursday 07:00 - 15:00  
Friday 07:00 - 15:00

Made with [menuweb.menu](https://www.menuweb.menu)

