

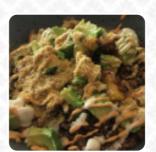


## **Essence Health And Juice Menu**

https://menuweb.menu 140 Woodbridge Ave Unit 2, L4L 4K9, Vaughan, Canada +19056051158 - https://essencenatural.ca/









A complete menu of Essence Health And Juice from Vaughan featuring all 30 meals and drinks can be found here on the list. Nestled in the heart of Vaughan, this restaurant has emerged as a beloved destination for vegan cuisine enthusiasts. Diners rave about the vibrant, flavorful dishes, with standout items like the sunrise scramble and avocado bowl receiving high praise. While some guests have encountered inconsistencies, such as frozen açai bowls, the majority of reviews commend the well-seasoned tacos and refreshing smoothies. The welcoming atmosphere and attentive staff further enhance the dining experience, making it a go-to spot for healthy, plant-based meals. With an extensive menu enticing diners to return, this eatery is a culinary gem not to be missed.

## **Essence Health And Juice Menu**



Non Alcoholic Drinks

**WATER** 

**Smoothies** 

**SMOOTHIE** 

**Pasta** 

**PASTA PRIMAVERA** 

Salad

**GREEN SALAD** 

**Side Dishes** 

**RICE** 

Chicken

PINEAPPLE CHICKEN

Dessert

**BROWNIE** 

**Soft Drinks** 

**JUICE** 

**Mexican Dishes** 

**TACOS** 

**Milkshakes** 

**MILK SHAKES** 

**Condiments And Sauces** 

**HUMMUS** 

**Sides** 

**SWEET POTATO** 

**Drinks** 

**SMOOTHIES** 

**DRINKS** 

**Sandwiches** 

B.L.T

B.L.T.

**BLT** 

**Restaurant Category** 

**DESSERT** 

**VEGAN** 

**TROPICAL** 

These Types Of Dishes Are Being Served

**PASTA** 

SALAD

**CHICKEN** 

Ingredients Used

**BUTTER** 

**AVOCADO** 

**PEANUT BUTTER** 

**PASSION FRUIT** 

**MILK** 

**SYRUP** 

**FRUIT** 

## **Essence Health And Juice Menu**



## **Essence Health And Juice**

140 Woodbridge Ave Unit 2, L4L 4K9, Vaughan, Canada

Opening Hours: Monday 10:00 -17:00 Tuesday 10:00 -17:00 Wednesday 10:00 -17:00 Thursday 10:00 -17:00 Friday 10:00 -17:00 Saturday 10:00 -17:00 Sunday 11:00 -15:00

Made with Menu

