

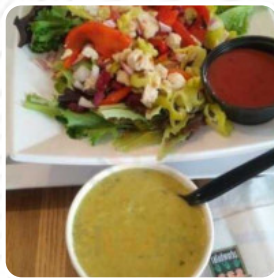


## Saladworks Menu

<https://menuweb.menu>

101 1st Ave SW Rochester, MN 55902-3135 United States

(+1)5073613333 - <https://restaurants.saladworks.com/mn/rochester/101-1st-avenue-sw/>



On this homepage, you can find the **complete [menu](#) of Saladworks** from Rochester. Currently, there are **17** courses and drinks available. Saladworks presents a varied dining experience, garnering both praise and criticism. While many appreciate the fresh ingredients and range of options—including unique salads, soups, and delightful wheat rolls—others express disappointment in inconsistent portion sizes and pricing. Some diners find the value lacking, particularly with added dressing costs, while others commend the friendly service and clean flavors. A common longing for extended business hours highlights the demand for their offerings. Overall, Saladworks has carved out a niche for health-conscious diners, though it may need to refine its consistency to fully satisfy its diverse clientele.

# Saladworks Menu



## Wraps

GRILLED CHICKEN WRAP

## Chicken

GRILLED CHICKEN

## Sauces

MAYO

## Toppings

TOPPINGS

## Restaurant Category

MEDITERRANEAN

VEGAN

## Ingredients Used

TOFU

KALE

QUINOA

EGG

## These Types Of Dishes Are Being Served



WRAP

CHICKEN WRAP

SALAD

MEAT

CHICKEN

PANINI

SOUP

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## Saladworks

101 1st Ave SW Rochester, MN  
55902-3135 United States

### Opening Hours:

Monday 10:00 -17:00

Tuesday 10:00 -17:00

Wednesday 10:00 -17:00

Thursday 10:00 -17:00

Friday 10:00 -15:00

Made with [menuweb.menu](https://menuweb.menu)

