



The Chopped Leaf Menu

<https://menuweb.menu>

129 Leva Ave #108, TOM 1R0, Penhold, Canada
+14033489313 - <https://www.choppedleaf.ca/>



Nutritional Information

| Item | Calories | Total Fat | Total Carb | Total Protein | Sodium | Fiber | Sugar |
|-------|----------|-----------|------------|---------------|--------|-------|-------|
| Salad | 120 | 5g | 10g | 5g | 100mg | 2g | 0g |
| Wrap | 250 | 10g | 20g | 10g | 200mg | 2g | 5g |
| Soup | 150 | 5g | 15g | 5g | 100mg | 2g | 0g |



A complete [menu](#) of The Chopped Leaf from Penhold featuring all 15 meals and drinks can be found here on the list. Chopped Leaf offers a fast and healthy dining option, characterized by friendly staff and a tidy atmosphere. While many customers appreciate the quick service and fresh food, others express disappointment with portion sizes and value for money. Vegetarian diners have reported unfortunate mix-ups with orders, raising concerns about food safety and staff training. Despite these issues, some patrons find the location convenient for a nutritious meal, especially for families. Overall, the restaurant seems to evoke divergent experiences, with some vowing to return and others deciding it's not worth a second visit.

The Chopped Leaf Menu



Sandwiches

GRILLED CHEESE

Side Dishes

RICE

Chicken

BUFFALO CHICKEN

Mexican Dishes

CHICKEN QUESADILLA

Restaurant Category

VEGETARIAN

Ingredients Used

CHEESE

Sauces

PEANUT SAUCE

KETCHUP

These Types Of Dishes Are Being Served



SALAD

SANDWICH

WRAP

CHICKEN

PANINI

MEAT

QUESADILLAS

The Chopped Leaf

129 Leva Ave #108, T0M 1R0,
Penhold, Canada

Opening Hours:

Monday 09:00 -20:00
Tuesday 09:00 -20:00
Wednesday 09:00 -20:00
Thursday 09:00 -20:00
Friday 09:00 -20:00
Saturday 09:00 -20:00
Sunday 09:00 -20:00

Made with [Menu](#)

