

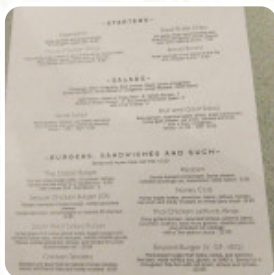


The Rural Seed Menu

<https://menuweb.menu>

East Mills Street, Columbus, 28722, United States Of America

+18288021097 - <https://www.theruralseed.com/>



Here you will find the [menu of The Rural Seed](#) in Columbus. At the moment, there are **100** meals and drinks on the list. The Rural Seed Restaurant, located in beautiful Columbus, NC, boasts an impressive average rating of 4.7 stars, reflecting its dedication to exceptional cuisine. This charming American eatery offers a delightful selection of dishes, including options for vegetarian diners. To ensure a seamless experience, make sure to call ahead and reserve your table at (828) 802-1097. Whether you're seeking a quick bite or a leisurely meal, The Rural Seed Restaurant promises to satisfy your cravings. Interested in exploring more culinary choices? Be sure to check out nearby hotspots like Bojangles and Iron Key Brewing Company. If you've had the pleasure of dining with us, we'd love to hear your thoughts—leave a review!.

The Rural Seed Menu



Sandwiches & Hot Paninis

HAMBURGER

Wraps

VEGGIE WRAP

Tacos

BLACKENED TOFU TACOS (V, VEG) \$15.2

Appetizer

SHRIMP TACOS

Fish

SEA BASS

Chicken Dishes

CHICKEN TENDERS

Beef Dishes

FILET MIGNON

Steaks

RIBEYE STEAK

Starters

FRIED PICKLE CHIPS \$9.3

From The Grill

RIBS

American Food

EGGS BENEDICT

Toppings

TOPPINGS

Bread

BAGUETTE

Egg Dishes

OMELETTE

Cold Beverages

CLASSIC COKE \$2.9

Bites

BREAD BOARD \$3.5

Small Plates

THAI CHICKEN LETTUCE WRAP \$15.2

Brunch Entrees

SHRIMP GRITS

Hot Tapas

HOUSE CHICKEN WINGS \$8.1

Food Add-Ons

ADD BACON \$2.3

French

CROISSANT

The Rural Seed Menu



Glamburgers

MUSHROOM BURGER

Reuben

REUBEN \$12.8

Mexican-American Food

EMPANADAS

Sides

SWEET POTATO

Burgers & Sandwiches

ADD FRIES \$3.5

Burgers Paradise

SOUTH WEST TURKEY BURGER \$12.8

Choose Your Own Pasta

FRESH TOMATO \$9.3

Classic American Burgers

THE CLASSIC BURGER \$8.1

Non Alcoholic Drinks

WATER

SPRITE \$2.9

Entrées

FRIED PICKLES

CRAB CAKE

Soups

TOMATO SOUP

TORTILLA SOUP

Starters & Salads

FRENCH FRIES

POTATO CHIPS

Mexican Dishes

TACOS

FISH TACOS

Burgers & Tenders

CAITLYN BURGER* \$17.5

COLFAX CREEK CLASSIC \$10.5

Burgers, Sandwiches And Such

TERIYAKI CHICKEN BURGER (GF) \$11.7

BEYOND BURGER (V, GF, VEG) \$12.8

Vegetarian

CAULIFLOWER

GREEN BEANS

VEGGIE SANDWICH \$10.5

Drinks



BEER

DRINKS

MELLO YELLO \$2.9

Soft Drinks

ORANGE JUICE \$2.7

The Rural Seed Menu



DIET COKE	\$2.9
LEMONADE	\$2.9

Hot Drinks

COFFEE	
TEA	
HOT TEA	\$2.9

Chicken

FRIED CHICKEN
GRILLED CHICKEN
HONEY CHICKEN
PINEAPPLE CHICKEN

Sauces

HOT SAUCE
RANCH
SALSA
HOLLANDAISE

Dessert

CREPES
WAFFLE
MUFFINS
CINNAMON ROLL

Restaurant Category

VEGAN
GLUTEN FREE
CUBAN
VEGETARIAN

Salads

KALE SALAD	
COBB SALAD	
CHICKEN SALAD	
FRUIT AND GOAT SALAD	\$9.3
RURAL SALAD	\$14.0

Side Dishes

GRITS
POTATO CHIPS
PICKLES
CHICKEN TORTILLA SOUP
SWEET POTATO FRIES

Beverages

SWEET TEA	\$2.7
UNSWEET TEA	\$2.7
PELLIGRINO	\$4.7
MR. PIBB	\$2.9
CHOCOLATE MILK	\$3.5
HOT COCOA	\$2.9

Sandwiches

CHICKEN SANDWICH	
B.L.T.	
BLT	
GRILLED CHEESE	
TURKEY SANDWICH	
B.L.T	
PINEAPPLE SHRIMP TACOS	\$15.2
JALAPENO HONEY FRIED CHICKEN	\$14.0
HONEY CLUB	\$12.8

The Rural Seed Menu



ADD CHEESE	\$0.6
SOUP AND HALF SANDWICH OR RURAL SALAD	\$9.3
CLASSIC BLT	\$9.3
CHICKEN SALAD CROISSANT	\$9.3
ARTICHOKE AND HAVARTI GRILLED CHEESE	\$9.4

These Types Of Dishes Are Being Served

CHICKEN

BREAD

SOUP

PANINI

FISH

WRAP

MEAT

BURGER

TAPAI

TURKEY

TOSTADAS

TUNA STEAK

SALAD

PORK CHOP

DESSERTS

COBB

APPETIZER

QUESADILLAS

ROAST BEEF \$11.7

CHICKEN BACON RANCH \$12.8

SHRIMP

FRUIT

CHOCOLATE

CHEESE

PORK MEAT

BACON

BEEF

CHORIZO

SEAFOOD

PRAWNS

TOMATOES

BEANS

CORN

KALE

SCALLOPS

TOFU

POTATOES

EGG

ONION

MILK \$2.9

Ingredients Used

TOMATO

The Rural Seed Menu



EDAMAME

\$8.1

The Rural Seed

East Mills Street, Columbus,
28722, United States Of America

Opening Hours:
Wednesday 11:00 -21:00
Thursday 11:00 -21:00
Friday 11:00 -21:00
Saturday 11:00 -21:00
Sunday 10:00 -14:00

Made with [Menu](#)

THE RURAL SEED	
GRAND GRILL / \$4.99 A classic grilled on white of served with one side	GRAND GRILL / \$4.99 Thin and crispy Burger kissed golden brown & red sauce of topped to served with one side Add Cheese \$1.00
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