



Polleria Parrillada Hiros Menu

<https://menuweb.menu>

812 Mt Prospect Ave, 07104, Newark, US, United States

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The menu of Polleria Parrillada Hiros from Newark comprises about **151** different courses and drinks. On average you pay about \$12.4 for a dish / drink. Tucked away in the Forest Hill area of Newark, this charming restaurant offers a delectable journey through Spanish and Peruvian cuisine. Diners rave about the homestyle plate, featuring a satisfying medley of yellow rice, tender meats, and flavorful dipping sauces. The rotisserie chicken stands out for its perfect seasoning, while the crispy tostones add a delightful crunch. Despite occasional service delays when busy, guests appreciate the friendly staff and cozy atmosphere. With a menu boasting everything from lomo steak to comforting soups, this establishment promises a memorable dining experience that keeps patrons returning again and again.

Polleria Parrillada Hiros Menu

Pasta

SEAFOOD STIR-FRIED NOODLES \$14.5

Sandwiches

FISH \$10.5

Main Dishes

BEEF RIB \$17.8

Starters & Salads

FRENCH FRIES

Chicken

PECHUGA EN SALSA DE AJO \$14.5

Sauces

HOT SAUCE

Appetizer

TIGER'S MILK \$5.5

Fish

FISH A LA CHORRILLANA \$15.8

Specialties

FISH IN MACHO SAUCE \$16.8

Ensaladas

ENSALADA CALIENTE \$5.0

Snacks & Fingerfood

FRIED YUCA \$3.5

Business Lunch

FRIED CHICKEN \$9.5

Grill Specials

STEAK A LA POBRE \$16.8

Entradas Calientes

GARLIC SHRIMP \$15.5

Platos De Fondo

CHAUFA DE PESCADO \$13.5

A La Parrilla

RACHI \$10.5

Platos Especiales

PECHUGA DE POLLO APANADA \$15.5

Lomo Saltado

LOMO SALTADO A LO POBRE \$16.8

Pollo Broaster

1/4 POLLO SOLO \$5.0

Chupes Y Sudados

SUDADO MIXTO \$17.8

Wantán

WANTÁN FRITO \$5.0

Arroz Chaufa

CHAUFA DE CAMARON \$13.5

Polleria Parrillada Hiros Menu

Sopa Del Día

AGUADITO DE PESCADO \$8.5

Entrantes

FISH SOUP \$8.5

Sudados De Mariscos

SUDADO DE CAMARÓN \$15.5

Comida Criolla

TALLARIN VERDE CON SALMON \$18.5

Beverages

JUICES

Variedades

STIR-FRIED CHICKEN \$11.5

Seafoods

PESCADO A LO POBRE \$16.8

House Specialty

FISH CEVICHE \$13.5

Main Entrees

TALLARIN VERDE \$9.5

Grilled Meat Dishes

GRILLED CHICKEN BREAST \$14.5

Modifiers

GARLIC SAUCE \$3.8

Peruvian Specialties

LOMO SALTADO

Non-Alcoholic

INCA KOLA \$1.6

Peruvian Dishes

CHAUFA DE VEGETABLES \$9.8

De la Tierra

PORK RIBS \$15.8

Mariscos - Seafood

CHUPE DE CAMARON \$9.5

Saltados (Peruvian Stir-Fry)

TALLARIN SALTADO DE CAMARON \$13.0

Mariscos - Seafood Entrées

SEAFOOD STEW \$15.8

Los Pinos Plates

CHULETA ENCEBOLLADA \$14.8

Entrante

SEAFOOD CEVICHE

BEILAGEN

CREMA HUANCAINA \$5.1

Polleria Parrillada Hiros Menu

Daily Menu

TALLARIN VERDE CON BISTECK \$16.8

Portions

SALCHIPAPAS \$8.0

Tallarines (Spaghetti)

TALLARIN VERDE CON POLLO APANADO \$16.8

Fried Potatoes

FRENCH FRIES \$3.5

Mi Pueblito&Apos;S Entrees

SWEETBREADS \$10.5

Argentine Chargrilled Steaks - Sauces

CREOLE SAUCE \$3.8

Dos Acompañantes Incluidos Pollo

ONION CHICKEN BREAST \$14.8

Grilled And Braised Entrees

GRILLED CHURRASCO

Ceviches - Cup

OCTOPUS CEVICHE \$13.5

Noodles / Peruvian Pasta

STIR-FRIED CHICKEN NOODLE \$10.8

Salads

ENSALADA MIXTA PEQUENA \$5.0

ENSALADA MIXTA GRANDE \$7.5

Soups

FISH CHUPE \$9.5

PARIHUELA \$10.8

Side Dishes

YELLOW RICE \$3.0

FRENCH FRIES

Side Orders

GREEN BEANS \$3.0

WHITE RICE \$3.0

Starters

SQUID CHICHARRÓN \$13.5

BISTECK A LA CHORRILLANA \$15.8

From The Grill

RIBS

PORK RIBS

Main Course

TALLARIN VERDE CON CHURRASCO \$21.0

CHULETA APANADA \$15.5

Polleria Parrillada Hiros Menu

Platos A La Carta

CHULETA A LO POBRE	\$16.8
PECHUGA DE POLLO A LO POBRE	\$16.8

Pollos A La Brasa

1/2 POLLO CON SELECCION	\$8.5
1/4 POLLO CON SELECCION	\$7.0

Carnes A La Parrilla

HIGADO A LA PARRILLA	\$12.5
CHULETA DER CERDO	\$13.5

Platos Fuertes

PESCADO EN SALSA DE MARISCOS	
AGUADITO DE MARISCOS	\$10.8

Sopas (Soups)

AGUADITO DE MENUENCIA	
SOPA ESPECIAL HIRO	\$10.8

Entradas (Appetizers)

1/2 DOCENA DE CHOROS A LA CHALACA	
1 DOCENA DE CHOROS A LA CHALACA	\$16.0

Pollos, Carnes Y Chuletas (Chicken, Beef & Pork)

BISTECK APANADO CON SELECCIÓN	\$15.5
BISTECK CON SELECCIÓN	\$14.5

Porciones A La Parrilla

PANCITAS

PORCION MIXTA DOS OPCIONNES \$14.5

Restaurant Category

FRENCH

VEGETARIAN

Extras

PAPAS SANCOCHDAS	\$3.5
YUCA SANCOCHDA	\$3.5
SALSA DE JALEA	\$3.8

Beef

TALLARIN VERDE CON BISTECK APANADO	\$16.8
BISTECK A LA MILANESA	\$15.5
STIR-FRIED BEEF NOODLES	\$10.8

Tapas

CHICKEN WINGS	\$9.5
BLACK PUDDING	\$8.0
CAMARON APANADO	\$14.5

Carnes

GRILLED SKIRT STEAK	
BABY BEEF A LA PARRILLA	\$17.8
ONION STEAK	\$14.8

Tallarines

TALLARIN VERDE CON PESCADO A LA PARRILLA	\$16.8
TALLARIN SALTADO DE CARNE Y POLLO	\$13.5
TALLARÍN SALTADO ESPECIAL	\$15.5

Polleria Parrillada Hiros Menu

Entrées

CHOCLO PERUANO CON QUESO	\$7.0
YUCA A LA HUANCAINA	\$9.0
SHRIMP COCKTAIL	\$13.5
ANTICUCHO	\$10.5

Ingredients Used

CHORIZO
CARROTS
BEEF
PORK MEAT

Fish And Seafood

MIXED CEVICHE	\$15.5
JELLY	\$16.8
SPICY SEAFOOD STEW	\$16.8
PESCADO ENCEBOLLADO	\$14.8
FISH STEW	\$14.5

Sopas

SUSTANICIA DE POLLO	
SUSTANICIA DE CARNE	\$7.0
DIETA DE POLLO	\$6.5
SOPA WANTÁN	\$7.0
SEAFOOD CHOWDER	\$10.8

Pollos, Carnes & Chvleta

BISTECK EN SALSA DE AJOS	\$14.5
CHULETA EN SALSA DE AJOS	\$14.5
LOMO SALTADO MANTADO	\$12.8
LOMO-CHAUFA	\$15.5

POLLO ENROLLADO CON JAMON Y QUESO	\$15.8
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Seafood

SHRIMP CEVICHE	\$13.5
PESCADO SALTADO	\$13.5
SPICY SHRIMP	\$15.5
FRIED FISH	\$13.5
CAMARÓN A LA PLANCHA	\$16.8
MARISCO SALTADO	\$15.5

These Types Of Dishes Are Being Served

CHICKEN
FISH
SALAD
MEAT
TUNA STEAK
SOUP

Pescados Y Mariscos

SUDADO DE PESCADO ENTERO PARGO	\$17.8
CARARON SALTADO	\$14.5
CAMARON A LA PLANCH	\$13.0
PESCADO A LA MILANESA CON UNA SELECCION	\$15.5
PESCADO CHICHARRON DE CAMARON	\$15.5
PESCADO EN SALSA DE AJOS	\$14.5
TRUCHA A LA PARRILLA CON PAPA Y ENSALADA	\$16.8
PESCADO APANADO CON SLECCION	\$15.5

Polleria Parrillada Hiros Menu

Pescado Y Mariscos (Fish & Seafood)

PESCADO A LA PARRILLA CON SELECCIÓN

SALMÓN A LA PARRILLA CON PAPAS Y ENSALADA \$16.8

PESCADO ENTERO PARGO FRITO CON SELECCIÓN \$17.8

PESCADO FRITO CON SELECCIÓN \$13.5

CAMARÓN EN SALSA DE AJOS \$15.5

SALMÓN EN SALSA DE AJOS \$13.5

PESCADO ENTERO A LO MACHO \$23.0

PESCADO ENTERO EN SALSA DE AJOS \$21.5

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812 Mt Prospect Ave, 07104,
Newark, US, United States

Opening Hours:
Monday 12:00 -21:00
Tuesday 12:00 -21:00
Thursday 12:00 -21:00
Friday 12:00 -21:00
Saturday 12:00 -21:00
Sunday 12:00 -21:00

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