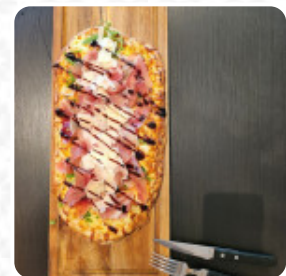
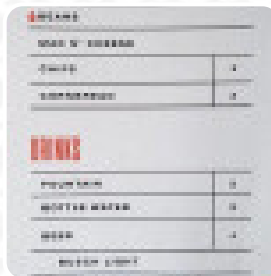




SoBol Menu

<https://menuweb.menu>

6110 Jericho Turnpike, Commack, United States
+16314868816 - <http://www.mysobol.com>



The place from Commack offers **42** different **dishes and drinks** on [the menu](https://menuweb.menu) for an average price of \$5.4. SoBol in [Commack](http://www.mysobol.com) offers a delicious mix of American and North American cuisine. Experience their fantastic environment by visiting one of their 2 locations or calling (631) 486-8816 for more information.

SoBol Menu

Dessert

FRESH FRUIT SALAD

Main

OVERNIGHT OATS

Toppings

TOPPINGS

Fruit Smoothies

VALENTINE'S SMOOTHIE

Waffles

WAFFLE PACKAGE \$12.3

Sweets & Desserts

BELGIAN WAFFLE \$5.5

Granola

GRANOLA (OPTION FOR NUT-FREE)

Smoothie Bowl

SPIRULINA BOWL

House Drinks

SPIRULINA SMOOTHIE

Breakfasts

ACAI BOWL

Cocktails & Beverages

POLAND SPRING \$2.3

Iced & Frozen Drinks

PEACH SMOOTHIE

All In A Cup

PITAYA BOWL

Breakfast

GRANOLA

VALENTINE'S WAFFLE \$10.4

Bowls

MELONBERRY BOWL

COCONUT BOWL

Ingredients Used

FRUIT

MANGO

Drinks

SMOOTHIES

SPINDRIFT \$2.5

ESSENTIA

Popular Items

MANGO-PINEAPPLE BOWL

COOKIE BUTTER PUMPKIN SPICE WAFFLE \$7.1

MANGO-PINEAPPLE SMOOTHIE

Beverages

BREW DR KOMBUCHA \$5.0

SOYLENT \$6.8

SoBol Menu

MUSCLE MILK \$4.2

CORE HYDRATION WATER

The Cooler

ORGANIC PEACH MANGO CORE HYDRATION WATER \$3.3

HEY DAY COFFEE \$4.3

HAL’S SELTZER \$3.0

MUSCLE MILK PRO SERIES \$4.2

OWYN \$5.5

Smoothies

MELONBERRY SMOOTHIE

PUMPKIN SMOOTHIE

COCONUT SMOOTHIE

ACAI SMOOTHIE

PITAYA PLUS SMOOTHIE

VERY BERRY SMOOTHIE

SUPER GREEN SMOOTHIE

STRAWBERRY BANANA SMOOTHIE

SoBol

6110 Jericho Turnpike,
Commack, United States

Opening Hours:
Monday 07:00-20:00
Tuesday 07:00-20:00
Wednesday 07:00-20:00
Thursday 07:00-20:00
Friday 07:00-20:00
Saturday 07:00-20:00
Sunday 07:00-20:00

Made with [Menu](#)

